

# Individual Best Times (All Time)

Thomas Kral - (836989) - Seaclose Swimming Club

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.46	27.70	396	05/12/15	Rushmoor Royals Last Chance County Qualifier	Aldershot	SE151565	3
100 Freestyle	1:02.43	1:01.10	422	27/11/16	Rushmoor Royals SC Last Chance County Qualifier	Aldershot	SE161449	3
200 Freestyle	2:21.67	2:19.20	373	06/12/15	Rushmoor Royals Last Chance County Qualifier	Aldershot	SE151565	3
50 Breaststroke	36.49	35.60	359	11/02/17	Hampshire County Swimming Championships 2017	Portsmouth	SE170466	1
100 Breaststroke	1:23.59	1:22.10	315	12/02/17	Hampshire County Swimming Championships 2017	Portsmouth	SE170466	1
50 Butterfly	31.80	31.20	343	27/11/16	Rushmoor Royals SC Last Chance County Qualifier	Aldershot	SE161449	3
50 Backstroke	36.49	35.90	268	06/12/15	Rushmoor Royals Last Chance County Qualifier	Aldershot	SE151565	3
200 Individual Medley	2:41.17	2:38.70	353	27/11/16	Rushmoor Royals SC Last Chance County Qualifier	Aldershot	SE161449	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.13	27.90	410	20/11/16	Isle of Wight Sprints 2016	Newport	SE162428	4
100 Freestyle	59.41	1:00.80	429	23/04/17	Isle of Wight Champs 2017	Isle of Wight	SE171290	4
200 Freestyle	2:14.01	2:16.60	407	19/03/17	17th City of Southampton Open Meet	Southampton	SE170104	3
400 Freestyle	5:04.76	5:09.30	337	29/11/14	Seaclose Club Championships 2014	Seaclose	SE4289	4
800 Freestyle	10:28.87	10:38.00	350	17/10/14	Isle of Wight Distance Championships 2014	Isle of Wight	SE4993	4
50 Breaststroke	35.91	36.80	335	19/11/16	Isle of Wight Sprints 2016	Newport	SE162428	4
100 Breaststroke	1:19.20	1:20.80	340	11/12/16	CO Southampton 7th Christmas Open Meet	Southampton	SE160930	3
200 Breaststroke	3:02.05	3:04.90	287	17/10/14	Isle of Wight Distance Championships 2014	Isle of Wight	SE4993	4
50 Butterfly	30.72	31.30	354	05/11/17	Seaclose - Isle of Wight Club Champs	Isle of Wight	SE172560	4
100 Butterfly	1:11.86	1:12.90	293	05/11/17	Seaclose - Isle of Wight Club Champs	Isle of Wight	SE172560	4
50 Backstroke	33.16	33.80	296	19/11/16	Isle of Wight Sprints 2016	Newport	SE162428	4
100 Backstroke	1:11.94	1:13.00	303	22/04/17	Isle of Wight Champs 2017	Isle of Wight	SE171290	4
200 Backstroke	2:46.37	2:48.40	255	12/07/15	Combined Seaclose & West Wight Champs	Newport	SE151356	4
200 Individual Medley	2:36.94	2:39.40	340	22/04/17	Isle of Wight Champs 2017	Isle of Wight	SE171290	4
400 Individual Medley	5:48.91	5:53.90	304	28/11/14	Seaclose Club Championships 2014	Seaclose	SE4289	4
100 Individual Medley	1:10.43	1:10.40	342	20/11/16	Isle of Wight Sprints 2016	Newport	SE162428	4