

# Individual Best Times (All Time)

Constance Young - (836008) - Wey Valley SC

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	34.39	35.00	296	06/07/19	Wey Valley Summer Sprints 2019	Spectrum	SE192077	4
100 Freestyle	1:18.10	1:19.20	266	24/11/18	Wey Valley Club Championships 2018	Guildford Spectrum	SE182723	4
200 Freestyle	2:49.10	2:51.10	277	18/11/18	Wey Valley Club Championships 2018	Godalming	SE182722	4
50 Breaststroke	44.55	45.30	258	06/07/19	Wey Valley Summer Sprints 2019	Spectrum	SE192077	4
100 Breaststroke	1:39.88	1:41.10	243	24/11/18	Wey Valley Club Championships 2018	Guildford Spectrum	SE182723	4
200 Breaststroke	3:38.43	3:40.80	233	17/11/19	Wey Valley Club Champs 2019	Godalming LC	SE193117	4
50 Butterfly	42.91	43.40	183	01/07/17	Wey Valley Summer Sprints 2017	Guildford	SE171289	4
50 Backstroke	40.79	41.30	237	06/07/19	Wey Valley Summer Sprints 2019	Spectrum	SE192077	4
100 Backstroke	1:36.80	1:37.60	182	03/12/16	Wey Valley Club Championships	Guildford	SE162393	4
100 Individual Medley	1:28.53	1:28.50	260	03/12/17	Wey Valley Club Championships 2017	Godalming	SE172531	4