

Individual Best Times (All Time)

Fraser Kane - (834806) - Ren 96

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.11	27.40	411	19/04/14	British-Para Swimming International	Glasgow	DIS099	1
100 Freestyle	1:01.77	1:00.40	436	03/04/14	Scottish Gas National Open Championships	Glasgow	SCO825	1
200 Freestyle	2:22.71	2:20.30	365	15/06/14	Scottish Disability Swimming National Meet	Aberdeen	SCO868	1
400 Freestyle	4:50.29	4:45.40	435	30/07/13	BG ASA National Youth Championships	Sheffield	ASA128	1
100 Breaststroke	1:26.27	1:24.80	286	28/04/13	British International Disability Champs	Sheffield	DIS093	1
50 Butterfly	32.21	31.60	330	15/06/14	Scottish Disability Swimming National Meet	Aberdeen	SCO868	1
100 Butterfly	1:10.32	1:09.20	347	16/06/13	Scottish Gas National Open Championships	Glasgow	SCO739	1
100 Backstroke	1:14.85	1:13.80	327	04/04/14	Scottish Gas National Open Championships	Glasgow	SCO825	1
200 Individual Medley	2:37.53	2:35.00	378	01/08/13	BG ASA National Youth Championships	Sheffield	ASA128	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.45	28.20	396	02/03/14	DSE National Junior & Youth Championships	Sheffield	DIS097	2
100 Freestyle	1:00.39	1:01.80	409	22/11/14	BG Para-Swimming Championships	Manchester	DIS103	2
200 Freestyle	2:18.13	2:20.60	372	03/02/13	North Ayrshire ASC 200 Meet	Auchenharvie	SCO692	2
400 Freestyle	4:44.46	4:49.40	415	23/11/14	BG Para-Swimming Championships	Manchester	DIS103	2
1500 Freestyle	18:29.69	18:48.10	444	08/09/13	North Ayrshire Distance Meet	Auchenharvie	SCO752	2
50 Breaststroke	40.61	41.40	231	01/09/12	West District Group 5 Championships	Ayr	SCO642	1
100 Breaststroke	1:20.29	1:21.80	326	22/11/14	BG Para-Swimming Championships	Manchester	DIS103	2
200 Breaststroke	3:06.50	3:09.30	267	07/09/13	North Ayrshire Distance Meet	Auchenharvie	SCO752	2
100 Butterfly	1:10.40	1:11.50	312	23/11/14	BG Para-Swimming Championships	Manchester	DIS103	2
200 Butterfly	2:43.55	2:45.50	278	03/02/13	North Ayrshire ASC 200 Meet	Auchenharvie	SCO692	2
50 Backstroke	37.49	38.00	205	02/09/12	West District Group 5 Championships	Ayr	SCO642	1
100 Backstroke	1:11.94	1:13.00	303	23/11/13	DSE National Short Course Meet	Sheffield	DIS096	2
200 Backstroke	2:34.61	2:36.80	318	08/09/13	North Ayrshire Distance Meet	Auchenharvie	SCO752	2
200 Individual Medley	2:33.73	2:36.30	362	01/03/13	National Junior & Youth Championships	Sheffield	DIS092	2
100 Individual Medley	1:11.02	1:11.00	334	01/03/13	National Junior & Youth Championships	Sheffield	DIS092	2