

Individual Best Times (All Time)

Laura Vertigans - (833933) - Loughborough University Swimming

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	26.77	26.00	686	09/03/12	British Gas Swimming Championships 2012	London	ASA116	1
100 Freestyle	57.11	55.60	742	07/03/12	British Gas Swimming Championships 2012	London	ASA116	1
200 Freestyle	2:06.90	2:04.10	703	19/07/12	BG ASA National Youth Championships 2012	Sheffield	ASA119	1
50 Breaststroke	33.89	33.00	637	23/02/13	BUCS Long Course 2013	Sheffield	BUC007	1
100 Breaststroke	1:13.61	1:11.90	661	24/02/13	BUCS Long Course 2013	Sheffield	BUC007	1
50 Butterfly	28.08	27.40	658	10/03/11	British Gas Swimming Championships 2011	Manchester	ASA108	1
100 Butterfly	1:02.78	1:01.60	690	17/07/12	BG ASA National Youth Championships 2012	Sheffield	ASA119	1
200 Butterfly	2:29.80	2:27.70	537	28/01/11	13th Luxembourg Euro-Meet 2011	Luxembourg	GB1004	1
200 Individual Medley	2:27.66	2:25.00	623	29/03/14	City of Sheffield SS Premier Open Meet	Sheffield	NE4316	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.23	27.00	668	10/09/11	Commonwealth Youth Games 2011	Isle of Man	INT252	2
100 Freestyle	56.69	58.10	696	03/12/11	BG SWR Short Course Championships	Millfield	SWR126	2
200 Freestyle	2:02.64	2:05.40	727	04/12/11	BG SWR Short Course Championships	Millfield	SWR126	2
50 Breaststroke	32.84	33.80	644	03/11/12	BUCS Swimming (25m) Championships 2012	Sheffield	BUC006	2
100 Breaststroke	1:10.82	1:12.60	682	08/12/13	BUCS Short Course 2013	Sheffield	BUC008	2
50 Butterfly	27.98	28.60	661	09/09/11	Commonwealth Youth Games 2011	Isle of Man	INT252	2
100 Butterfly	1:02.98	1:04.20	632	04/12/11	BG SWR Short Course Championships	Millfield	SWR126	2
200 Butterfly	2:25.64	2:27.80	553	19/03/11	Devon County Championships	Tiverton	CC1026	2
200 Individual Medley	2:21.78	2:24.50	634	04/12/11	BG SWR Short Course Championships	Millfield	SWR126	2