## Individual Best Times (All Time)

## Finlay Middleton - (832470) - Stowmarket SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.61	28.90	352	01/08/18	Swim England National Summer Meet	Sheffield	ENG009	1
100 Freestyle	1:05.64	1:04.40	363	31/07/18	Swim England National Summer Meet	Sheffield	ENG009	1
400 Freestyle	5:43.89	5:39.80	262	04/08/17	Swim England National Summer Meet (50m)	Sheffield	ENG001	1
100 Breaststroke	1:57.93	1:56.90	112	12/12/15	National Para Swimming	Manchester	DIS108	1
50 Butterfly	32.95	32.40	308	11/03/18	UBSC National Qualifier Level 1 Open Meet	Hengrove	SW180292	1
100 Butterfly	1:11.93	1:10.90	324	05/08/17	Swim England National Summer Meet (50m)	Sheffield	ENG001	1
100 Backstroke	1:27.11	1:26.20	207	11/12/16	National Para Swimming Championships	Manchester	DIS113	1
200 Individual Medley	2:57.00	2:54.80	267	03/09/17	UK School Games	Loughborough	ENG002	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.80	31.50	280	18/07/21	Stowmarket Swimming Club	Mid Suffolk	LEX3500	0
100 Freestyle	1:09.25	1:10.40	271	14/04/18	National Junior Para Swimming 2018	Southampton	DIS117	2
200 Freestyle	2:48.30	2:50.40	205	20/11/16	Plymouth Leander Winter Qualifier Open 2016	Plymouth	SW160994	2
400 Freestyle	5:37.79	5:41.90	248	25/06/17	National Junior Para-Swimming 2017	Sunderland	DIS114	2
50 Breaststroke	49.44	50.10	128	04/11/20	Stowmarket SC	Mid Suffolk Leisure	LEX481	0
100 Breaststroke	1:51.81	1:52.90	120	22/10/16	Midland Para-Swimming Autumn Championships	Rugby	WM161271	3
200 Breaststroke	4:17.84	4:19.90	101	16/11/13	Stowmarket SC Club Championships	Stowmarket	ER3886	4
50 Butterfly	32.88	33.50	289	17/01/18	Devon County Championships and Age Groups 2018	Plymouth	SW180384	2
100 Butterfly	1:13.12	1:14.20	279	17/01/18	Devon County Championships and Age Groups 2018	Plymouth	SW180384	2
50 Backstroke	42.24	42.70	143	01/10/16	Exeter October Meet	Plymouth	SW161181	2
100 Backstroke	1:25.79	1:26.70	178	02/10/16	Exeter October Meet	Plymouth	SW161181	2
200 Individual Medley	2:54.45	2:56.70	248	14/01/18	Devon County Championships and Age Groups 2018	Plymouth	SW180382	2
100 Individual Medley	1:28.77	1:28.80	171	18/12/16	Stowmarket No Frills Open Meet	Stowmarket	ER162384	3