

Individual Best Times (All Time)

Katie Williams - (831892) - Dunstable SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.39	31.10	429	22/03/14	Bedfordshire Age Group & County Champs	Luton	CC4033	2
100 Freestyle	1:06.03	1:07.30	440	08/03/14	Bedfordshire Age Group & County Champs	Luton	CC4031	2
200 Freestyle	2:23.78	2:26.20	451	09/03/14	Bedfordshire Age Group & County Champs	Luton	CC4031	2
400 Freestyle	5:43.82	5:47.90	304	10/07/11	Watford SC Alternative Nationals Open	Watford	ER1364	3
50 Breaststroke	41.56	42.30	318	05/04/14	Dunstable SC Splash Night	Dunstable	ER4397	4
100 Breaststroke	1:31.52	1:32.90	316	01/11/14	Dunstable Club Championships	Dunstable	ER4794	4
200 Breaststroke	3:20.58	3:23.20	301	27/11/11	Hitchin SC Open Meet 2011	Hitchin	ER1460	3
50 Butterfly	35.84	36.40	314	05/10/13	Dunstable SC Splash Night	Dunstable	ER3803	4
100 Butterfly	1:24.81	1:25.70	258	15/11/14	Dunstable Club Championships	Dunstable	ER4795	4
50 Backstroke	37.64	38.20	301	17/03/13	Bedfordshire County Championships	Luton	CC3024	2
100 Backstroke	1:20.75	1:21.70	314	16/11/13	Dunstable SC Club Championships	Dunstable	ER3874	4
200 Backstroke	2:50.12	2:52.10	341	01/07/12	WSC Alternative Nationals	Watford	ER2396	3
200 Individual Medley	2:47.63	2:50.00	384	05/04/14	Dunstable SC Splash Night	Dunstable	ER4397	4
100 Individual Medley	1:18.75	1:18.80	369	29/06/14	WSC Terry Davies Alternative Nationals	Watford	ER4475	3