

Individual Best Times (All Time)

Francesca Woodman - (828675) - Ilkley SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.86	30.20	447	15/03/14	Yorkshire County Championships	Sheffield	CC4069	1
100 Freestyle	1:05.11	1:03.80	500	13/04/14	Sports Aid Open Meet 2014	Leeds	NE4126	1
200 Freestyle	2:22.63	2:20.20	495	17/01/15	City of Sunderland New Year Meet	Sunderland	NE150366	1
400 Freestyle	5:01.42	4:56.70	476	19/05/13	Rotherham Metro Level 1 Open Meet	Sheffield	NE3049	1
800 Freestyle	10:34.89	10:25.70	445	02/05/15	Doncaster Darts May Day Meet	Leeds	NE150570	3
50 Breaststroke	45.02	44.30	271	19/01/14	Co Leeds New Year Meet 2014	Leeds	NE4019	3
100 Breaststroke	1:38.75	1:37.50	273	07/07/13	Borough of Barnsley SC 6th Summer Sizzler	Sheffield	NE3418	3
50 Butterfly	33.03	32.50	404	17/05/14	Rotherham Metro SC Level One Long Course Meet	Sheffield	NE4110	1
100 Butterfly	1:15.38	1:14.40	398	12/04/14	Sports Aid Open Meet 2014	Leeds	NE4126	1
50 Backstroke	35.71	35.10	425	31/01/15	Yorkshire County Championships	Sheffield	NE150621	1
100 Backstroke	1:14.80	1:13.70	450	14/02/15	Yorkshire County Championships	Leeds	NE150622	1
200 Backstroke	2:43.77	2:41.70	425	15/02/15	Yorkshire County Championships	Leeds	NE150622	1
200 Individual Medley	2:44.90	2:42.50	447	13/04/14	Sports Aid Open Meet 2014	Leeds	NE4126	1
400 Individual Medley	5:53.20	5:48.20	426	21/02/15	Yorkshire County Championships	Leeds	NE150623	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.59	31.30	421	26/10/14	City of Leeds Grand Prix	Leeds	NE4022	2
100 Freestyle	1:05.05	1:06.30	460	25/10/14	Middlesbrough Halloween Open Meet	Middlesbrough	NE14445	2
200 Freestyle	2:16.69	2:19.20	525	25/04/15	Harrogate District Spa Town Meet	Harrogate	NE150215	3
400 Freestyle	4:47.80	4:52.60	519	26/04/15	Harrogate District Spa Town Meet	Harrogate	NE150215	3
800 Freestyle	10:28.11	10:37.30	439	14/12/13	Middlesbrough ASC Junior Christmas Gala	Middlesbrough	NE3315	3
50 Breaststroke	42.87	43.60	289	25/04/15	Harrogate District Spa Town Meet	Harrogate	NE150215	3
100 Breaststroke	1:31.10	1:32.50	320	14/12/14	City of Bradford Level 3 Winter Meet	Shipley	NE14192	3
200 Breaststroke	3:12.24	3:15.00	343	04/07/15	Harrogate Summer A Grade Meet	Harrogate	NE151003	3
50 Butterfly	32.68	33.30	415	18/04/15	Middlesbrough ASC AA Grade 2015	Middlesbrough	NE150689	3
100 Butterfly	1:12.44	1:13.50	415	04/07/15	Harrogate Summer A Grade Meet	Harrogate	NE151003	3
200 Butterfly	2:49.69	2:51.50	350	22/06/14	Harrogate Summer A B Grade Meet	Harrogate	NE4183	3
50 Backstroke	33.96	34.50	411	19/07/15	City of Bradford SC End of Season Meet Level 3	Shipley	NE150916	3
100 Backstroke	1:12.27	1:13.40	438	18/07/15	City of Bradford SC End of Season Meet Level 3	Shipley	NE150916	3
200 Backstroke	2:32.86	2:35.00	471	26/04/15	Harrogate District Spa Town Meet	Harrogate	NE150215	3
200 Individual Medley	2:40.36	2:42.80	438	14/12/14	City of Bradford Level 3 Winter Meet	Shipley	NE14192	3
400 Individual Medley	5:34.11	5:39.30	465	13/12/14	City of Bradford Level 3 Winter Meet	Shipley	NE14192	3
100 Individual Medley	1:19.67	1:19.70	356	15/11/15	Spenborough SC 125th Anniversary Gala	Leeds	NE151517	3