

# Individual Best Times (All Time)

Hannah Cooper - (827844) - City of Norwich SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.20	30.50	433	06/07/19	CoNSC MIDSUMMER MADNESS 2019	NORWICH	ER191302	3
100 Freestyle	1:10.05	1:08.80	402	19/04/19	CoNSC EASTER MEET 2019	Norwich	ER190358	1
200 Freestyle	2:35.60	2:33.30	381	07/05/17	Rotherham Metro Springtime Long Course Meet	Sheffield	NE170390	3
50 Butterfly	33.15	32.60	400	06/07/19	CoNSC MIDSUMMER MADNESS 2019	NORWICH	ER191302	3
100 Butterfly	1:13.87	1:12.80	423	06/07/19	CoNSC MIDSUMMER MADNESS 2019	NORWICH	ER191302	3
50 Backstroke	40.24	39.70	297	05/04/15	UEA City of Norwich Easter LC Meet 2015	Norwich	ER150080	1
200 Individual Medley	2:55.43	2:53.20	371	08/07/17	UEA City of Norwich Midsummer Madness Open Meet	Norwich	ER170311	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.16	31.80	398	17/11/18	CoNSC NOVEMBER SHORT COURSE OPEN MEET 2018	NORWICH	ER181898	3
100 Freestyle	1:07.79	1:09.00	407	17/11/19	City of Norwich 2019 November L3 Short Course Open	Norwich	ER192685	3
200 Freestyle	2:32.60	2:34.90	377	29/09/17	UEA Co Norwich Club Championships Main Events	Norwich	ER171620	4
50 Breaststroke	47.55	48.20	212	06/04/14	Newmarket & District Sixth Open Meet	Newmarket	ER4009	3
200 Breaststroke	3:42.12	3:44.50	222	28/09/13	UEA City of Norwich Club Championships	Norwich	ER3636	4
50 Butterfly	33.22	33.80	395	17/11/19	City of Norwich 2019 November L3 Short Course Open	Norwich	ER192685	3
100 Butterfly	1:13.80	1:14.80	392	16/11/19	City of Norwich 2019 November L3 Short Course Open	Norwich	ER192685	3
50 Backstroke	37.56	38.10	303	07/03/15	Norfolk County Championships	Thetford	CC150391	2
100 Backstroke	1:22.58	1:23.50	293	08/03/15	Norfolk County Championships	Thetford	CC150391	2
200 Individual Medley	2:50.70	2:53.00	363	19/11/17	UEA Norwich November Short Course Open Meet	Norwich	ER171484	3
100 Individual Medley	1:20.17	1:20.20	350	30/09/17	UEA Co Norwich Club Championships Main Events	Norwich	ER171620	4