

Individual Best Times (All Time)

Jamie McCaffray - (827663) - Bedford Swim Squad

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	26.88	26.10	470	27/01/19	Bedfordshire ASA 2019 Age Group and County Champs	Luton	ER190245	1
100 Freestyle	57.49	56.00	541	04/02/18	Bedfordshire 2018 Age Group & County Champs	Luton	ER180275	1
200 Freestyle	1:59.37	1:56.40	623	26/01/19	Bedfordshire ASA 2019 Age Group and County Champs	Luton	ER190245	1
400 Freestyle	4:08.88	4:03.20	691	30/03/19	Team Luton March Open Meet	Luton	ER190183	1
800 Freestyle	8:31.92	8:20.50	688	25/01/19	Bedfordshire ASA 2019 Age Group and County Champs	Luton	ER190245	1
1500 Freestyle	16:18.20	15:56.90	705	25/07/19	British Summer Championships	Glasgow	BSW011	1
50 Breaststroke	33.61	32.70	460	27/01/18	Bedfordshire 2018 Age Group & County Champs	Luton	ER180274	1
100 Breaststroke	1:10.53	1:08.70	524	25/01/20	Lancashire County Age Groups & County Champs	Manchester	NW200179	1
200 Breaststroke	2:34.71	2:31.30	533	27/01/19	Bedfordshire ASA 2019 Age Group and County Champs	Luton	ER190245	1
50 Butterfly	29.24	28.60	441	26/01/19	Bedfordshire ASA 2019 Age Group and County Champs	Luton	ER190245	1
100 Butterfly	1:01.03	59.80	531	02/02/19	Bedfordshire ASA 2019 Age Group and County Champs	Luton	ER190246	1
200 Butterfly	2:11.97	2:09.60	584	02/02/19	Bedfordshire ASA 2019 Age Group and County Champs	Luton	ER190246	1
50 Backstroke	32.54	31.90	379	13/02/16	Bedfordshire Age Group & County Champs	Luton	ER160102	1
100 Backstroke	1:13.69	1:12.60	343	07/03/15	Bedfordshire ASA County Championships	Luton	CC150189	1
200 Backstroke	2:35.79	2:33.60	370	07/03/15	Bedfordshire ASA County Championships	Luton	CC150189	1
200 Individual Medley	2:19.23	2:16.40	548	03/02/18	Bedfordshire 2018 Age Group & County Champs	Luton	ER180275	1
400 Individual Medley	4:44.90	4:38.70	616	04/05/19	Swim England East Region Long Course Champs	Inspire Luton	ER190178	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.13	27.90	410	18/06/17	CMKSC Summer Open Meet Level 3	Bletchley	SE171026	3
100 Freestyle	55.94	57.40	515	04/11/18	Swim England East Region Short Course Championship	Luton	ER180889	2
200 Freestyle	1:58.37	2:01.30	591	17/06/18	CMKSC Summer Open Meet Level 3	Bletchley	SE180991	3
400 Freestyle	4:07.12	4:12.70	633	20/10/19	Manchester International Meet 2019	Manchester	NW190443	2
800 Freestyle	8:30.81	8:42.00	654	16/11/19	BUCS Short Course Swimming Championships 2019	Sheffield	NE193130	2
1500 Freestyle	15:45.47	16:07.00	718	08/12/18	Scottish National Short Course Open Swimming	Edinburgh	SCO1566	2
50 Breaststroke	32.01	33.00	473	16/11/19	BUCS Short Course Swimming Championships 2019	Sheffield	NE193130	2
100 Breaststroke	1:08.97	1:10.80	514	16/06/19	CMKSC Summer Open Meet Level 3	Bletchley	SE191563	3
200 Breaststroke	2:24.58	2:28.20	574	16/06/19	CMKSC Summer Open Meet Level 3	Bletchley	SE191563	3
50 Butterfly	29.56	30.20	398	18/06/17	CMKSC Summer Open Meet Level 3	Bletchley	SE171026	3
100 Butterfly	1:03.37	1:04.60	428	16/06/18	CMKSC Summer Open Meet Level 3	Bletchley	SE180991	3
200 Butterfly	2:11.75	2:14.10	533	17/06/18	CMKSC Summer Open Meet Level 3	Bletchley	SE180991	3
50 Backstroke	30.28	30.90	389	16/06/19	CMKSC Summer Open Meet Level 3	Bletchley	SE191563	3
100 Backstroke	1:04.22	1:05.50	426	16/06/18	CMKSC Summer Open Meet Level 3	Bletchley	SE180991	3
200 Backstroke	2:25.54	2:27.80	382	17/06/17	CMKSC Summer Open Meet Level 3	Bletchley	SE171026	3
200 Individual Medley	2:17.31	2:20.10	508	18/12/16	Modernian Last Chance County Qualifier	Bedford	ER162472	4
400 Individual Medley	4:37.95	4:44.20	602	09/12/18	Scottish National Short Course Open Swimming	Edinburgh	SCO1566	2
100 Individual Medley	1:03.56	1:03.60	466	16/06/19	CMKSC Summer Open Meet Level 3	Bletchley	SE191563	3