

Individual Best Times (All Time)

Jennifer Houston - (827409) - Bathgate ASC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.84	31.20	407	07/04/18	City of Glasgow graded meet	Glasgow	SCO1442	1
100 Freestyle	1:08.45	1:07.20	431	08/04/18	City of Glasgow graded meet	Glasgow	SCO1442	1
50 Breaststroke	39.92	39.10	389	13/03/16	Edinburgh International Meet	Edinburgh	SCO1099	1
100 Breaststroke	1:25.98	1:24.50	414	05/02/17	East District Age Groups Finals	Edinburgh	SCO1234	1
200 Breaststroke	3:04.98	3:02.10	411	29/05/16	East District Open & Grand Prix	Edinburgh	SCO1132	1
50 Butterfly	32.99	32.40	406	12/05/17	SASA West Dist LC Best in the West AG Meet	East Kilbride	SCO1291	1
100 Butterfly	1:15.04	1:14.00	404	27/05/17	East District Long Course Open Meet	Edinburgh	SCO1301	1
50 Backstroke	35.14	34.60	446	28/05/16	East District Open & Grand Prix	Edinburgh	SCO1132	1
100 Backstroke	1:18.58	1:17.50	388	07/04/18	City of Glasgow graded meet	Glasgow	SCO1442	1
200 Individual Medley	2:46.18	2:43.80	437	28/05/17	East District Long Course Open Meet	Edinburgh	SCO1301	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.19	31.90	397	18/02/17	Carnegie Open Spring Age Group Meet 2017	Glenrothes	SCO1246	2
100 Freestyle	1:07.21	1:08.40	417	21/10/17	Carnegie 140th Anniversary Meet	Dunfermline	SCO1350	2
200 Freestyle	2:26.60	2:29.00	426	22/10/17	Carnegie 140th Anniversary Meet	Dunfermline	SCO1350	2
400 Freestyle	5:04.76	5:09.30	437	29/10/17	East District Time Trial	Xcite Leisure Centre	SCO1356	2
50 Breaststroke	39.38	40.20	373	22/05/16	Swim West Lothian IM Tough Meet	Livingston	SCO1134	2
100 Breaststroke	1:23.37	1:24.90	418	18/02/17	Carnegie Open Spring Age Group Meet 2017	Glenrothes	SCO1246	2
200 Breaststroke	2:54.74	2:57.70	456	15/01/17	East District Age Groups Round 2	Edinburgh	SCO1236	1
50 Butterfly	33.17	33.70	397	20/05/17	Swim West Lothian IM Tough 2017	West Lothian	SCO1298	2
100 Butterfly	1:13.97	1:15.00	390	15/04/17	Stirling Open Meet	Stirling	SCO1272	2
50 Backstroke	34.58	35.20	389	04/11/17	Bathgate ASC Sprints with Finals	Bathgate	SCO1361	2
100 Backstroke	1:13.52	1:14.60	416	23/09/17	Scottish National Team Champs 2017	Aberdeen	SCO1347	1
200 Backstroke	2:41.95	2:44.00	396	14/01/18	EDAG Round 2 2018	Michael Woods Centre	SCO1432	2
200 Individual Medley	2:41.31	2:43.70	431	16/04/17	Stirling Open Meet	Stirling	SCO1272	2
100 Individual Medley	1:17.08	1:17.10	394	08/01/17	FIRST Annual Open Meet 2017	Bathgate	SCO1219	2