

Individual Best Times (All Time)

Daniel Tompkins - (827255) - Stocksbridge Pentaqua SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.68	26.90	431	21/04/18	Stocksbridge Spring Open	Sheffield	NE180244	3
100 Freestyle	1:00.22	58.80	471	23/07/16	City of Sheffield Swim Squad Summer Meet 2016	Sheffield	NE160211	3
200 Freestyle	2:12.40	2:09.80	457	25/06/16	City of Leeds B Grade Meet 2016	Leeds	NE160163	3
400 Freestyle	4:41.03	4:36.00	480	14/05/16	City of Sheffield Swim Squad No Frills Meet	Sheffield	NE160209	1
1500 Freestyle	19:11.45	18:53.40	432	22/02/15	Yorkshire County Championships	Leeds	NE150623	1
50 Breaststroke	37.08	36.20	342	28/02/16	Yorkshire County Championships	Sheffield	NE160070	1
100 Breaststroke	1:17.64	1:16.00	393	24/07/16	City of Sheffield Swim Squad Summer Meet 2016	Sheffield	NE160211	3
200 Breaststroke	2:41.78	2:38.50	466	05/05/18	North East Region Championships	Sheffield	NE180150	1
50 Butterfly	36.27	35.70	231	20/09/15	City of Sheffield 33rd Annual Teaspoon Gala	Sheffield	NE150208	3
100 Butterfly	1:16.80	1:15.80	266	16/07/15	City of Sheffield Swim Squad Club Time Trial	Sheffield	NE151332	4
50 Backstroke	31.26	30.60	427	21/04/18	Stocksbridge Spring Open	Sheffield	NE180244	3
100 Backstroke	1:07.52	1:06.30	446	20/05/18	City of Sheffield Swim Squad No Frills 2018	Sheffield	NE180163	3
200 Backstroke	2:26.79	2:24.50	443	14/05/16	City of Sheffield Swim Squad No Frills Meet	Sheffield	NE160209	1
200 Individual Medley	2:28.42	2:25.70	453	27/11/16	City of Sheffield Snow Frills Meet	Sheffield	NE160213	3
400 Individual Medley	5:13.27	5:07.60	463	25/06/16	City of Leeds B Grade Meet 2016	Leeds	NE160163	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.00	28.70	373	07/04/18	KUHSC A B Easter Short Course Meet 2018	Ennerdale	NE180440	3
100 Freestyle	59.08	1:00.50	437	16/10/16	Yorkshire SA Winter Competition	Leeds	NE162072	2
200 Freestyle	2:09.67	2:12.30	450	06/11/16	ASA North East Region Senior Junior Champs	Sunderland	NE162070	2
400 Freestyle	4:44.94	4:49.80	413	31/10/15	City of Salford Potential Olympians 2015	Salford	NW150730	3
50 Breaststroke	46.79	47.50	151	20/04/13	30th City of Derby Licensed SC Open Meet	Derby	EM3033	3
100 Breaststroke	1:16.30	1:17.90	380	14/07/18	Rotherham Metro A & B Grade SC	Sheffield	NE180245	3
200 Breaststroke	2:43.83	2:47.00	394	14/07/18	Rotherham Metro A & B Grade SC	Sheffield	NE180245	3
50 Butterfly	44.29	44.70	118	20/07/13	Rotherham Metro A & B Grade Gala	Sheffield	NE3187	3
100 Butterfly	1:10.69	1:11.80	308	15/07/18	Rotherham Metro A & B Grade SC	Sheffield	NE180245	3
50 Backstroke	30.73	31.40	372	16/10/16	Yorkshire SA Winter Competition	Leeds	NE162072	2
100 Backstroke	1:07.31	1:08.50	370	11/10/15	Yorkshire Winter Competition	Sheffield	NE151548	2
200 Backstroke	2:26.70	2:29.00	373	15/07/18	Rotherham Metro A & B Grade SC	Sheffield	NE180245	3
200 Individual Medley	2:25.39	2:28.10	428	15/10/16	Yorkshire SA Winter Competition	Leeds	NE162072	2
400 Individual Medley	5:13.47	5:19.00	420	05/11/16	ASA North East Region Senior Junior Champs	Sunderland	NE162070	2
100 Individual Medley	1:26.72	1:26.70	183	21/04/13	30th City of Derby Licensed SC Open Meet	Derby	EM3033	3