## **Individual Best Times (All Time)**

## Teddy Roberts - (826873) - Llandudno Swimming

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.05	29.30	336	16/04/16	City of Liverpool Spring Open Meet 2016	Liverpool	NW160231	1
100 Freestyle	58.05	56.60	526	31/07/17	Swim Wales Summer Nationals	Swansea	WL170074	1
200 Freestyle	2:23.96	2:21.50	355	16/04/16	City of Liverpool Spring Open Meet 2016	Liverpool	NW160231	1
400 Freestyle	5:19.17	5:14.70	327	18/04/15	Swim Wales Long Course Closed Meet	Swansea	WL150977	1
50 Breaststroke	45.71	45.00	182	04/04/15	Swim Wales Long Course Closed Championships	Swansea	WL150506	1
100 Breaststroke	1:36.02	1:34.70	207	09/07/16	Summer Non National Qualifier LC Graded Meet 2016	Manchester	NW160083	3
200 Breaststroke	3:43.43	3:41.00	177	03/08/14	Swim Wales Summer Nationals 2014	Swansea	WAL585	1
50 Butterfly	32.75	32.20	314	09/07/16	Summer Non National Qualifier LC Graded Meet 2016	Manchester	NW160083	3
100 Butterfly	1:05.14	1:04.00	437	01/08/17	Swim Wales Summer Nationals	Swansea	WL170074	1
200 Butterfly	2:52.44	2:50.60	261	16/04/16	City of Liverpool Spring Open Meet 2016	Liverpool	NW160231	1
50 Backstroke	37.43	36.90	249	03/04/15	Swim Wales Long Course Closed Championships	Swansea	WL150506	1
100 Backstroke	1:17.68	1:16.60	293	09/07/16	Summer Non National Qualifier LC Graded Meet 2016	Manchester	NW160083	3
200 Backstroke	2:52.94	2:51.00	271	27/07/15	Swim Wales Summer Open Meet	Swansea	WL150507	1
200 Individual Medley	2:47.44	2:45.10	315	09/07/16	Summer Non National Qualifier LC Graded Meet 2016	Manchester	NW160083	3

## **Short Course**

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.49	27.30	440	24/09/17	Swim Conwy Closed Invitational Meet	Llandudno	WL171456	3
100 Freestyle	56.66	58.10	495	23/09/17	Swim Conwy Closed Invitational Meet	Llandudno	WL171456	3
200 Freestyle	2:05.13	2:07.90	500	24/09/17	Swim Conwy Closed Invitational Meet	Llandudno	WL171456	3
400 Freestyle	4:36.38	4:41.40	452	24/09/17	Swim Conwy Closed Invitational Meet	Llandudno	WL171456	3
1500 Freestyle	20:56.61	21:12.90	306	05/12/15	Swim Wales North Sub Regional Championships	Llandudno	WL151215	3
50 Breaststroke	44.35	45.10	178	19/10/14	Conwy County Aquatics Autumn Meet	Llandudno	WAL600	2
100 Breaststroke	1:24.94	1:26.40	275	09/07/17	Len Thomas Memorial Sprint Meet	Llandudno	WL171152	2
200 Breaststroke	3:27.50	3:30.00	194	26/09/15	Swim Conwy Closed Invitational Meet	Llandudno	WL151457	3
50 Butterfly	30.30	30.90	369	27/05/17	Swim Conwy Whitsun Meet	Llandudno	WL170792	2
100 Butterfly	1:04.74	1:05.90	401	23/09/17	Swim Conwy Closed Invitational Meet	Llandudno	WL171456	3
200 Butterfly	2:37.32	2:39.30	313	25/09/16	Conwy County Aquatics Closed Invitational	Llandudno	WL161540	3
50 Backstroke	35.89	36.40	233	22/11/15	Wrexham 14th Junior Sprint Meet 2015	Wrexham	WL150749	3
100 Backstroke	1:08.49	1:09.70	351	24/09/17	Swim Conwy Closed Invitational Meet	Llandudno	WL171456	3
200 Backstroke	2:44.22	2:46.20	266	31/01/15	SWNR Regional Championships	Llandudno	WL150521	2
200 Individual Medley	2:35.62	2:38.10	349	23/09/17	Swim Conwy Closed Invitational Meet	Llandudno	WL171456	3
400 Individual Medley	6:00.94	6:05.80	275	02/02/16	Swim Wales North Regional Championships	Llandudno	WL160023	2
100 Individual Medley	1:10.85	1:10.80	336	09/07/17	Len Thomas Memorial Sprint Meet	Llandudno	WL171152	2

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