

Individual Best Times (All Time)

Thomas Menlove - (826722) - Winchester City Penguins

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	26.57	25.80	487	07/04/19	Guildford City Level 1 Spring Open Meet	Surrey Sports Park	SE190010	1
100 Freestyle	56.99	55.50	555	08/02/20	Hampshire County Championships 2020	Portsmouth	SE200384	1
200 Freestyle	2:00.24	1:57.30	610	14/02/20	Middle East Open and Junior Championships	Dubai	GBR1302	1
400 Freestyle	4:09.46	4:03.80	686	04/08/19	Swim England National Summer Meet	Sheffield	ENG014	1
800 Freestyle	8:39.80	8:28.60	658	02/08/19	Swim England National Summer Meet	Sheffield	ENG014	1
1500 Freestyle	16:42.85	16:22.10	655	03/08/17	Swim England National Summer Meet (50m)	Sheffield	ENG001	1
50 Breaststroke	35.27	34.40	398	11/02/17	Hampshire County Swimming Championships 2017	Portsmouth	SE170466	1
100 Breaststroke	1:15.58	1:13.90	426	12/02/17	Hampshire County Swimming Championships 2017	Portsmouth	SE170466	1
200 Breaststroke	2:45.05	2:41.80	439	11/02/17	Hampshire County Swimming Championships 2017	Portsmouth	SE170466	1
50 Butterfly	31.94	31.30	338	06/02/16	Hampshire County Swimming Championships 2016	Portsmouth	SE160577	1
100 Butterfly	1:04.41	1:03.20	452	12/02/17	Hampshire County Swimming Championships 2017	Portsmouth	SE170466	1
200 Butterfly	2:23.51	2:21.30	454	03/02/18	Hampshire County Championships 2018	Mountbatten LC	SE180161	1
50 Backstroke	34.31	33.70	323	17/07/16	Portsmouth Northsea End of Season Meet	Portsmouth	SE160364	3
100 Backstroke	1:06.48	1:05.30	467	11/02/17	Hampshire County Swimming Championships 2017	Portsmouth	SE170466	1
200 Backstroke	2:21.15	2:18.80	498	04/02/18	Hampshire County Championships 2018	Mountbatten LC	SE180161	1
200 Individual Medley	2:17.08	2:14.20	575	05/05/19	Swim England 15 Over Swimming Championships 2019	Wycombe	SE191364	1
400 Individual Medley	4:44.55	4:38.30	618	02/08/17	Swim England National Summer Meet (50m)	Sheffield	ENG001	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.91	26.70	471	17/11/18	Team Bath AS Autumn Meet	Bristol	SW182021	2
100 Freestyle	54.51	56.00	556	12/10/19	NASL South League Round One	Wycombe	SE192933	3
200 Freestyle	1:56.47	1:59.40	621	03/11/19	Swim England South East Open Junior Championships	Portsmouth	SE192925	2
400 Freestyle	4:06.63	4:12.20	637	20/10/19	Manchester International Meet 2019	Manchester	NW190443	2
800 Freestyle	8:38.91	8:49.90	623	09/06/18	Winchester City Penguins Club Champs Session 1	St Swithuns School	SE181539	4
1500 Freestyle	16:23.86	16:44.60	637	04/11/18	Swim England South East Open & Junior Champs	Portsmouth	SE182559	2
50 Breaststroke	33.58	34.50	410	16/03/19	Forest of Bere Regional Chaser Meet	Waterlooville	SE190315	3
100 Breaststroke	1:12.29	1:14.00	447	16/03/19	Forest of Bere Regional Chaser Meet	Waterlooville	SE190315	3
200 Breaststroke	2:37.03	2:40.40	448	18/11/18	Team Bath AS Autumn Meet	Bristol	SW182021	2
50 Butterfly	29.33	30.00	407	08/09/18	Winchester City Penguins Club Championships 2018	St Swithuns School	SE181929	4
100 Butterfly	1:00.65	1:01.90	488	17/10/21	Team Bath AS TYR Super Series	Millfield	SW210423	2
200 Butterfly	2:21.79	2:24.00	427	21/10/17	Winchester City Penguins Club Championships	St Swithuns	SE172095	4
50 Backstroke	32.00	32.60	329	16/10/16	Winchester City Penguins Club Championships	St Swithuns	SE162074	4
100 Backstroke	1:03.93	1:05.20	432	20/11/16	Aquae Sulis Autumn Level 2 Meet	Bristol	SW162363	2
200 Backstroke	2:14.66	2:17.10	482	16/03/19	Forest of Bere Regional Chaser Meet	Waterlooville	SE190315	3
200 Individual Medley	2:12.18	2:15.10	570	20/11/21	Team Bath AS November TYR Super Series	Millfield	SW210471	2
400 Individual Medley	4:39.23	4:45.40	594	19/10/19	Manchester International Meet 2019	Manchester	NW190443	2
100 Individual Medley	1:03.15	1:03.20	475	02/11/19	Swim England South East Open Junior Championships	Portsmouth	SE192925	2