

Individual Best Times (All Time)

Tessa O'Doherty - (826577) - Basildon and Phoenix SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	34.97	34.40	307	20/07/14	Basildon & Phoenix End of Season Meet	Basildon	ER4489	3
100 Freestyle	1:14.93	1:13.80	328	20/02/16	Essex Age Group Championships 2016	Basildon	ER160005	1
200 Freestyle	2:40.63	2:38.40	346	18/07/15	Basildon & Phoenix LC End of Season Meet	Basildon	ER150046	3
400 Freestyle	5:38.34	5:34.20	336	19/07/15	Basildon & Phoenix LC End of Season Meet	Basildon	ER150046	3
50 Breaststroke	46.01	45.30	254	05/04/15	Basildon & Phoenix LC Easter Meet	Basildon	ER150042	1
100 Breaststroke	1:37.49	1:36.20	284	23/01/16	Essex Age Group Championships 2016	Basildon	ER160002	1
200 Breaststroke	3:27.09	3:24.50	293	19/07/14	Basildon & Phoenix End of Season Meet	Basildon	ER4489	3
50 Butterfly	42.42	42.00	191	19/07/14	Basildon & Phoenix End of Season Meet	Basildon	ER4489	3
50 Backstroke	38.82	38.30	331	19/07/15	Basildon & Phoenix LC End of Season Meet	Basildon	ER150046	3
100 Backstroke	1:20.69	1:19.70	358	21/02/16	Essex Age Group Championships 2016	Basildon	ER160005	1
200 Backstroke	2:51.40	2:49.40	370	21/02/16	Essex Age Group Championships 2016	Basildon	ER160005	1
200 Individual Medley	3:03.51	3:01.30	324	05/04/15	Basildon & Phoenix LC Easter Meet	Basildon	ER150042	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.97	33.60	336	04/12/15	Basildon & Phoenix Club Championships 2015	Basildon	ER150961	4
100 Freestyle	1:12.44	1:13.60	333	27/11/15	Basildon & Phoenix Club Championships 2015	Basildon	ER150960	4
200 Freestyle	2:39.96	2:42.10	327	15/02/15	Essex County Age Group Championships 2015	Basildon	CC150045	2
50 Breaststroke	43.86	44.60	270	08/11/14	NASL London Rounds Division 1 & 2	Basildon	ER14048	3
100 Breaststroke	1:33.52	1:34.90	296	31/01/15	Essex County Age Group Championships 2015	Southend	CC150044	2
200 Breaststroke	3:17.23	3:19.90	317	14/02/15	Essex County Age Group Championships 2015	Basildon	CC150045	2
50 Butterfly	43.50	43.90	176	20/09/14	Basildon & Phoenix Autumn Meet	Basildon	ER4741	3
50 Backstroke	38.81	39.30	275	04/07/15	Basildon & Phoenix Independence Day Novice Gala	Basildon	ER150444	3
100 Backstroke	1:18.47	1:19.50	342	27/11/15	Basildon & Phoenix Club Championships 2015	Basildon	ER150960	4
200 Backstroke	2:43.81	2:45.80	382	29/11/15	Basildon & Phoenix Club Championships 2015	Basildon	ER150960	4
200 Individual Medley	2:56.89	2:59.10	326	27/09/15	Basildon & Phoenix Season Opener Meet	Basildon	ER150236	2
100 Individual Medley	1:23.30	1:23.30	312	15/02/15	Essex County Age Group Championships 2015	Basildon	CC150045	2