

# Individual Best Times (All Time)

Emma Wilde - (826379) - Deepings SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.20	30.50	433	23/03/19	Corby Annual Long Course Open Meet	Corby	EM190406	3
100 Freestyle	1:09.20	1:08.00	417	23/03/19	Corby Annual Long Course Open Meet	Corby	EM190406	3
200 Freestyle	2:23.99	2:21.60	481	24/03/19	Corby Annual Long Course Open Meet	Corby	EM190406	3
400 Freestyle	5:02.57	4:57.90	470	23/03/19	Corby Annual Long Course Open Meet	Corby	EM190406	3
50 Breaststroke	39.36	38.60	406	13/01/19	City of Derby 17th Long Course Level 1 Open Meet	Sheffield	EM190118	1
100 Breaststroke	1:26.45	1:25.00	408	24/03/19	Corby Annual Long Course Open Meet	Corby	EM190406	3
200 Breaststroke	3:02.39	2:59.50	428	13/01/19	City of Derby 17th Long Course Level 1 Open Meet	Sheffield	EM190118	1
50 Butterfly	33.01	32.40	405	06/04/19	Derventio Excel 13th Long Course Open Meet	Sheffield	EM190236	1
100 Butterfly	1:26.69	1:25.80	262	01/07/17	19th Netherlands Invitational Meet	Eindhoven	GBR541	1
50 Backstroke	40.10	39.60	300	08/07/17	Northampton 2017 Long Course Summer Festival	Corby	EM170339	3
100 Backstroke	1:49.14	1:48.40	144	18/01/15	Rotherham Metro A & B Grade LC Meet	Sheffield	NE150075	3
200 Backstroke	3:03.26	3:01.40	303	08/07/17	Northampton 2017 Long Course Summer Festival	Corby	EM170339	3
200 Individual Medley	2:43.16	2:40.70	461	24/03/19	Corby Annual Long Course Open Meet	Corby	EM190406	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.97	30.70	447	19/11/22	BUCS Short Course 2022-23	Sheffield	NE222500	2
100 Freestyle	1:04.08	1:05.40	482	06/10/19	Deepings SC Rob Welbourn Open Meet	Deeping	EM191399	3
200 Freestyle	2:20.09	2:22.50	488	20/01/19	Lincolnshire County Championships 2019	Grantham	EM190237	2
400 Freestyle	4:52.88	4:57.60	492	21/01/18	Lincolnshire County Championships 2018	Grantham	EM180022	2
800 Freestyle	9:56.21	10:05.80	513	28/10/18	Deepings Club Championships 2018	Deepings LC	EM180732	4
50 Breaststroke	37.54	38.40	431	10/02/19	Lincolnshire County Championships 2019	Grantham	EM190239	2
100 Breaststroke	1:21.12	1:22.70	454	05/10/19	Deepings SC Rob Welbourn Open Meet	Deeping	EM191399	3
200 Breaststroke	2:54.75	2:57.70	456	05/05/18	Tulip Open Meet 2018	Spalding	EM180727	3
50 Butterfly	32.11	32.70	437	05/05/19	South Lincs Competitive 35th Tulip Open Meet	Spalding	EM190547	3
100 Butterfly	1:11.15	1:12.20	438	02/02/20	Lincolnshire County Championships 2020	Grantham	EM200132	2
200 Butterfly	2:42.24	2:44.20	400	06/10/19	Deepings SC Rob Welbourn Open Meet	Deeping	EM191399	3
50 Backstroke	35.20	35.80	369	05/05/19	South Lincs Competitive 35th Tulip Open Meet	Spalding	EM190547	3
100 Backstroke	1:17.24	1:18.30	358	25/11/18	Boston ASC 14th Open Meet	Grantham	EM181611	3
200 Backstroke	2:42.00	2:44.00	395	27/01/19	Lincolnshire County Championships 2019	Grantham	EM190238	2
200 Individual Medley	2:36.64	2:39.10	470	27/01/19	Lincolnshire County Championships 2019	Grantham	EM190238	2
400 Individual Medley	5:32.15	5:37.40	473	01/02/20	Lincolnshire County Championships 2020	Grantham	EM200132	2
100 Individual Medley	1:14.59	1:14.60	434	20/01/19	Lincolnshire County Championships 2019	Grantham	EM190237	2