

# Individual Best Times (All Time)

Rachael Philip - (825819) - Aberdeen Dolphins ASC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	35.21	34.60	301	03/05/14	Westhill Dolphin Drilling Invitational Meet 2014	Aberdeen	SCO836	2
100 Freestyle	1:13.99	1:12.80	341	03/05/14	Westhill Dolphin Drilling Invitational Meet 2014	Aberdeen	SCO836	2
200 Freestyle	2:40.58	2:38.40	347	04/05/14	Westhill Dolphin Drilling Invitational Meet 2014	Aberdeen	SCO836	2
50 Breaststroke	48.78	48.10	213	31/05/15	North District Junior LC Time Trials 2015	Aberdeen	SCO985	2
100 Breaststroke	1:52.58	1:51.40	184	17/05/14	Dyce Hunting Trophy Meet	Aberdeen	SCO841	2
200 Breaststroke	3:47.16	3:44.80	222	25/05/14	Aberdeen Dolphin Commonwealth Gala	Aberdeen	SCO854	1
50 Butterfly	34.93	34.40	342	03/05/14	Westhill Dolphin Drilling Invitational Meet 2014	Aberdeen	SCO836	2
100 Butterfly	1:22.58	1:21.70	303	17/05/14	Dyce Hunting Trophy Meet	Aberdeen	SCO841	2
200 Butterfly	3:10.14	3:08.50	262	03/05/14	Westhill Dolphin Drilling Invitational Meet 2014	Aberdeen	SCO836	2
100 Backstroke	1:28.59	1:27.70	271	31/05/15	North District Junior LC Time Trials 2015	Aberdeen	SCO985	2
200 Backstroke	3:07.17	3:05.40	284	25/05/14	Aberdeen Dolphin Commonwealth Gala	Aberdeen	SCO854	1
200 Individual Medley	3:08.80	3:06.70	298	04/05/14	Westhill Dolphin Drilling Invitational Meet 2014	Aberdeen	SCO836	2

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.69	33.30	345	20/12/14	Aberdeen Dolphins ASC Winter Splash	Aberdeen	SCO922	3
100 Freestyle	1:14.15	1:15.30	311	28/09/14	Aberdeen Dolphins Level 3 Meet	Aberdeen	SCO879	3
200 Freestyle	2:35.63	2:37.80	356	27/10/12	Dundee City Aquatics 100-200 Meet 2012	Dundee	SCO659	2
400 Freestyle	5:55.03	5:59.00	276	03/02/13	Aberdeen Mitchell Trophy 2013	Inverness	SCO697	2
50 Breaststroke	45.71	46.40	239	05/05/13	Westhill Invitational Meet 2013	Westhill	SCO723	2
100 Breaststroke	1:40.89	1:42.10	236	09/02/13	PASC Graded Meet 2013	Peterhead	SCO694	2
200 Breaststroke	3:33.49	3:36.00	250	21/09/13	Garioch 200 Open Meet	Westhill	SCO760	2
50 Butterfly	34.75	35.30	345	26/04/14	Bridge of Don 2nd Springtime Banded Meet	Bridge of Don	SCO845	2
100 Butterfly	1:19.84	1:20.80	310	08/02/14	Peterhead ASC Graded Meet	Peterhead	SCO806	2
200 Butterfly	3:01.38	3:03.10	286	08/02/14	Peterhead ASC Graded Meet	Peterhead	SCO806	2
50 Backstroke	39.40	39.90	263	13/06/15	Friendly Dual Meet	Northfield	SCO996	3
100 Backstroke	1:24.73	1:25.70	271	28/10/12	Dundee City Aquatics 100-200 Meet 2012	Dundee	SCO659	2
200 Backstroke	2:54.71	2:56.60	315	27/10/12	Dundee City Aquatics 100-200 Meet 2012	Dundee	SCO659	2
200 Individual Medley	2:56.40	2:58.60	329	05/05/13	Westhill Invitational Meet 2013	Westhill	SCO723	2
400 Individual Medley	6:13.40	6:18.10	333	02/06/13	SASA North District Development Meet	Westhill	SCO732	1
100 Individual Medley	1:27.64	1:27.60	268	26/10/13	Carnegie Winter Meet 2013	Glenrothes	SCO770	2