

Individual Best Times (All Time)

Kaitlyn Grose - (825803) - City Of Milton Keynes

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.38	27.60	575	04/11/17	Swim England SE - 2017 Open & Junior Champs	Portsmouth	SE172007	1
100 Freestyle	1:00.09	58.70	637	14/04/18	Team Luton April Long Course Meet 2018	Luton	ER180341	1
200 Freestyle	2:15.45	2:12.90	578	12/03/17	Wycombe Long Course Premier Open Meet	Wycombe	SE170384	1
400 Freestyle	5:08.11	5:03.50	445	18/10/14	Lincoln Vulcans Long Course L1 Meet	Sheffield	EM4355	1
50 Breaststroke	44.64	43.90	278	20/07/14	Wycombe District SC End of Season Meet	Wycombe	SE4742	3
50 Butterfly	31.53	30.90	465	21/10/17	Nova Centurion SC October Level 1 Open Meet	Nottingham	EM170475	1
100 Butterfly	1:12.81	1:11.80	442	14/01/18	City of Derby 17th LC Level 1 Licensed Open Meet	Sheffield	EM180084	1
50 Backstroke	33.51	32.90	514	11/03/17	Wycombe Long Course Premier Open Meet	Wycombe	SE170384	1
100 Backstroke	1:11.64	1:10.50	512	26/05/18	DX 2nd Long Course Open Meet	Sheffield	EM180319	1
200 Backstroke	2:42.39	2:40.30	436	28/05/17	PNSC May Madness Meet	Portsmouth	SE170386	1
200 Individual Medley	2:45.56	2:43.20	442	21/04/19	Beckenham Easter International Open 2019	London	LR190200	1
400 Individual Medley	6:15.90	6:11.20	353	19/07/14	Wycombe District SC End of Season Meet	Wycombe	SE4742	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.61	28.40	572	03/11/18	Swim England South East Open & Junior Champs	Portsmouth	SE182559	2
100 Freestyle	59.98	1:01.40	588	04/02/18	Oxfordshire & North Bucks County Championships	Aylesbury	SE180019	2
200 Freestyle	2:12.20	2:14.80	580	10/02/18	Oxfordshire & North Bucks County Championships	Aylesbury	SE180020	2
400 Freestyle	4:47.04	4:51.90	523	15/01/17	Oxfordshire & North Bucks County Championships	Aylesbury	SE170304	2
800 Freestyle	10:30.07	10:39.20	435	09/02/14	Oxfordshire & N Bucks County Championships	Betchley	CC4017	2
50 Breaststroke	41.88	42.60	310	21/06/15	City of Milton Keynes 13th Annual End of Season	Milton Keynes	SE150449	3
100 Breaststroke	1:39.35	1:40.60	247	24/10/15	Newport Pagnell SC Club Championships	Bletchley	SE151507	4
50 Butterfly	30.99	31.60	486	03/02/18	Oxfordshire & North Bucks County Championships	Aylesbury	SE180019	2
100 Butterfly	1:08.27	1:09.40	496	24/06/18	2nd Maurice and Daphne Short Course Memorial Meet	Hillingdon	LR181148	2
200 Butterfly	2:39.14	2:41.10	424	11/02/18	Oxfordshire & North Bucks County Championships	Aylesbury	SE180020	2
50 Backstroke	32.93	33.50	450	04/12/16	Maxwell Last Chance Counties December Meet	Aylesbury	SE162458	3
100 Backstroke	1:08.87	1:10.00	506	11/02/18	Oxfordshire & North Bucks County Championships	Aylesbury	SE180020	2
200 Backstroke	2:29.15	2:31.40	507	04/02/18	Oxfordshire & North Bucks County Championships	Aylesbury	SE180019	2
200 Individual Medley	2:35.52	2:38.00	481	03/02/18	Oxfordshire & North Bucks County Championships	Aylesbury	SE180019	2
400 Individual Medley	5:35.38	5:40.60	460	18/06/17	CMKSC Summer Open Meet Level 3	Bletchley	SE171026	3
100 Individual Medley	1:15.19	1:15.20	424	19/11/17	CMKSC Autumn Open Meet (Level 3)	Bletchley	SE171633	3