

Individual Best Times (All Time)

Sophie Wilkinson - (822253) - Sedgfield & District 75

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.63	32.00	378	09/07/17	City of Sunderland Summer Splash 2017	Sunderland	NE171638	3
100 Freestyle	1:15.41	1:14.30	322	09/07/16	Richmond Dales Summer Madness Gala	Leeds	NE160287	3
200 Freestyle	2:33.61	2:31.30	396	09/07/17	City of Sunderland Summer Splash 2017	Sunderland	NE171638	3
50 Backstroke	41.84	41.40	264	12/07/15	Richmond Dales Summer Madness Meet	Leeds	NE150566	3
100 Backstroke	1:21.28	1:20.30	350	09/07/17	City of Sunderland Summer Splash 2017	Sunderland	NE171638	3
200 Individual Medley	2:59.46	2:57.20	347	09/07/16	Richmond Dales Summer Madness Gala	Leeds	NE160287	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.31	33.00	357	19/03/17	Richmond Dales Off the Blocks Gala	Billingham	NE170296	4
100 Freestyle	1:09.74	1:10.90	374	18/03/18	Richmond Dales Off the Blocks Gala	Billingham	NE180495	4
200 Freestyle	2:27.26	2:29.60	420	13/05/17	Wear Valley May Level 3 Meet	Bishop Auckland	NE170292	3
50 Breaststroke	46.85	47.50	222	29/03/15	Richmond Dales ASC Developmental Meet	Billingham	NE150408	3
100 Breaststroke	1:42.79	1:44.00	223	06/07/14	Peterlee ASC Annual Graded Gala	Stanley	NE4067	3
200 Breaststroke	4:02.51	4:04.70	170	23/03/13	North Tyneside Mad March Hare	Stanley	NE3419	3
50 Butterfly	42.70	43.10	186	08/12/13	Derwentside ASC Christmas Cracker	Stanley	NE3702	3
50 Backstroke	36.48	37.00	331	13/05/17	Wear Valley May Level 3 Meet	Bishop Auckland	NE170292	3
100 Backstroke	1:18.39	1:19.40	343	18/03/18	Richmond Dales Off the Blocks Gala	Billingham	NE180495	4
200 Backstroke	2:44.65	2:46.70	376	13/05/17	Wear Valley May Level 3 Meet	Bishop Auckland	NE170292	3
100 Individual Medley	1:19.15	1:19.20	363	18/03/18	Richmond Dales Off the Blocks Gala	Billingham	NE180495	4