

Individual Best Times (All Time)

Kieran Smith - (821232) - City of Coventry SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	26.47	25.70	492	03/04/22	City of Bristol L1 International Open Meet	Hengrove	SW220210	1
100 Freestyle	57.24	55.80	548	19/05/19	SE East Midlands Region Champs 2019 Gala 3	Sheffield	EM191625	1
200 Freestyle	2:07.23	2:04.50	515	02/05/22	Swim England South West Region Championships 2022	Plymouth	SW220568	1
400 Freestyle	4:36.30	4:31.20	505	21/03/15	Warwickshire County Championships and Age Group	Coventry	CC150057	1
50 Breaststroke	33.25	32.30	475	02/04/22	City of Bristol L1 International Open Meet	Hengrove	SW220210	1
100 Breaststroke	1:16.70	1:15.00	407	27/02/16	Warwickshire ASA Championships	Coventry	WM160090	1
200 Breaststroke	2:46.91	2:43.70	424	05/03/16	Warwickshire ASA Championships	Coventry	WM160091	1
50 Butterfly	29.45	28.80	432	02/04/22	City of Bristol L1 International Open Meet	Hengrove	SW220210	1
100 Butterfly	1:03.65	1:02.40	468	18/05/19	SE East Midlands Region Champs 2019 Gala 3	Sheffield	EM191625	1
50 Backstroke	35.77	35.20	285	13/12/15	City of Coventry Club Championships 2015	Coventry	WM152275	4
100 Backstroke	1:17.56	1:16.50	294	17/10/15	Wycombe District SC B C Age Group	Wycombe	SE151508	3
200 Individual Medley	2:26.79	2:24.10	468	12/01/19	City of Coventry January Open Meet 2019	Coventry	WM190024	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.37	27.10	446	16/12/22	Swim Wales Winter Championships 2022	Swansea	WL220375	2
100 Freestyle	56.57	58.00	498	11/11/18	BUCS Short Course Swimming Championships 2018	Sheffield	NE182328	2
200 Freestyle	2:03.59	2:06.40	519	28/03/16	City of Birmingham 23rd Open Meet	Birmingham	WM160128	2
400 Freestyle	4:34.09	4:39.20	464	05/10/14	Coventry & District Swimming Club Champs	Nuneaton	WM4775	2
50 Breaststroke	32.93	33.90	434	16/12/22	Swim Wales Winter Championships 2022	Swansea	WL220375	2
100 Breaststroke	1:14.32	1:16.00	411	19/05/18	Coventry and District ASC Secondary Galas	Pingles LC	WM180739	3
200 Breaststroke	2:37.82	2:41.10	441	08/05/16	Coventry & District Secondary Gala 2016	Rugby	WM160572	3
50 Butterfly	28.89	29.50	426	26/03/16	City of Birmingham 23rd Open Meet	Birmingham	WM160128	2
100 Butterfly	1:04.41	1:05.60	408	20/05/18	Coventry and District ASC Secondary Galas	Pingles LC	WM180739	3
200 Butterfly	2:25.93	2:28.10	392	07/05/16	Coventry & District Secondary Gala 2016	Rugby	WM160572	3
50 Backstroke	32.98	33.60	301	07/05/16	Coventry & District Secondary Gala 2016	Rugby	WM160572	3
100 Backstroke	1:11.05	1:12.20	314	07/05/16	Coventry & District Secondary Gala 2016	Rugby	WM160572	3
200 Backstroke	2:31.57	2:33.80	338	08/05/16	Coventry & District Secondary Gala 2016	Rugby	WM160572	3
200 Individual Medley	2:21.54	2:24.30	464	27/03/16	City of Birmingham 23rd Open Meet	Birmingham	WM160128	2