Individual Best Times (All Time)

Megan Osmond - (819217) - City of Southampton SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.36	30.70	426	11/01/14	Portsmouth Northsea New Year Open Meet	Portsmouth	SE4084	1
100 Freestyle	1:06.87	1:05.60	462	17/05/15	Swim Swansea Open Meet	Swansea	WL150504	1
200 Freestyle	2:22.46	2:20.00	497	17/05/14	Swim Swansea Long Course Meet 2014	Swansea	WAL568	1
400 Freestyle	4:57.76	4:53.00	493	18/05/14	Swim Swansea Long Course Meet 2014	Swansea	WAL568	1
800 Freestyle	10:28.93	10:19.70	457	28/02/15	Hampshire County ASA Championships	Portsmouth	CC150863	1
50 Backstroke	35.38	34.80	437	14/03/15	Hampshire County ASA Championships	Portsmouth	CC150878	1
100 Backstroke	1:16.53	1:15.50	420	11/01/14	Portsmouth Northsea New Year Open Meet	Portsmouth	SE4084	1
200 Backstroke	2:41.18	2:39.10	445	17/05/15	Swim Swansea Open Meet	Swansea	WL150504	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.55	31.20	422	13/12/15	City of Southampton 6th Christmas Open Meet	Southampton	SE150635	3
100 Freestyle	1:05.40	1:06.70	453	29/11/14	Swin Bournemouth 6th Christmas Open Meet	Bournemouth	SW14330	2
200 Freestyle	2:19.01	2:21.50	499	09/03/14	Hampshire County Championships	Waterlooville	CC4115	2
400 Freestyle	4:56.79	5:01.50	473	29/03/15	Swim Bournemouth 5th Annual Open Meet	Bournemouth	SW150150	2
800 Freestyle	10:11.36	10:20.70	476	28/10/14	City of Southampton Club Championships	Southampton	SE4383	4
50 Breaststroke	44.62	45.30	257	14/12/14	5th CO Southampton Christmas Open Meet	Southampton	SE4382	3
100 Breaststroke	1:36.40	1:37.70	270	31/10/12	City of Southampton Club Championships	Southampton	SE2388	4
50 Butterfly	38.50	39.00	253	14/12/14	5th CO Southampton Christmas Open Meet	Southampton	SE4382	3
50 Backstroke	34.55	35.10	390	29/03/15	Swim Bournemouth 5th Annual Open Meet	Bournemouth	SW150150	2
100 Backstroke	1:13.71	1:14.80	412	28/03/15	Swim Bournemouth 5th Annual Open Meet	Bournemouth	SW150150	2
200 Backstroke	2:34.29	2:36.40	458	08/03/14	Hampshire County Championships	Waterlooville	CC4115	2
200 Individual Medley	2:56.67	2:58.90	328	31/10/12	City of Southampton Club Championships	Southampton	SE2388	4
100 Individual Medley	1:19.22	1:19.20	362	06/02/14	City of Southampton SC 200m Meet 2014	Southampton	SE4007	4

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