

Individual Best Times (All Time)

Jessica Duffy - (819182) - Alnwick Dolphin SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.44	31.80	385	09/03/13	Northumberland & Durham County Champs	Sunderland	CC3097	1
100 Freestyle	1:11.06	1:09.90	385	18/05/14	City of Sunderland May Open 2014	Sunderland	NE4378	1
200 Freestyle	2:38.90	2:36.70	358	12/10/13	Northumberland & Durham SA Autumn Meet	Sunderland	NE3822	3
50 Breaststroke	44.36	43.60	284	09/03/13	Northumberland & Durham County Champs	Sunderland	CC3097	1
100 Breaststroke	1:39.07	1:37.80	271	13/07/13	City of Sunderland Summer Splash	Sunderland	NE3542	3
200 Breaststroke	3:25.25	3:22.70	300	12/10/13	Northumberland & Durham SA Autumn Meet	Sunderland	NE3822	3
50 Butterfly	37.69	37.20	272	10/03/13	Northumberland & Durham County Champs	Sunderland	CC3097	1
100 Butterfly	1:38.60	1:37.80	178	06/10/12	Northumberland & Durham Autumn Meet 2012	Sunderland	NE2628	3
50 Backstroke	45.75	45.30	202	06/10/12	Northumberland & Durham Autumn Meet 2012	Sunderland	NE2628	3
400 Individual Medley	6:02.94	5:58.10	393	12/10/13	Northumberland & Durham SA Autumn Meet	Sunderland	NE3822	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.74	33.40	343	26/04/14	Chester Le Street ASC Open Meet	Stanley	NE4591	3
100 Freestyle	1:09.44	1:10.60	378	19/10/14	Durham City Medley Challenge	Durham	NE14545	3
200 Freestyle	2:28.40	2:30.70	410	16/03/14	Derwentside ASC Development Meet	Stanley	NE4136	3
400 Freestyle	5:19.89	5:24.30	378	08/09/13	South Tyneside ASC Autumn Meet	Hebburn	NE3829	3
800 Freestyle	10:44.76	10:53.70	405	10/07/15	Alnwick Dolphins Club Championships	Alnwick	NE151006	4
50 Breaststroke	41.75	42.50	313	10/01/15	P & D Last Chance County Qualifier	Stanley	NE150136	3
100 Breaststroke	1:30.21	1:31.60	330	19/10/14	Durham City Medley Challenge	Durham	NE14545	3
200 Breaststroke	3:09.48	3:12.30	358	10/01/15	P & D Last Chance County Qualifier	Stanley	NE150136	3
50 Butterfly	36.86	37.40	289	26/04/14	Chester Le Street ASC Open Meet	Stanley	NE4591	3
100 Butterfly	1:21.42	1:22.30	292	06/12/15	Blyth Lifeguard Xmas Cracker 2015	Blyth	NE152186	3
200 Butterfly	2:56.87	2:58.70	309	11/07/15	Alnwick Dolphins Club Championships	Alnwick	NE151006	4
50 Backstroke	37.87	38.40	296	27/04/14	Chester Le Street ASC Open Meet	Stanley	NE4591	3
100 Backstroke	1:23.77	1:24.70	281	06/12/15	Blyth Lifeguard Xmas Cracker 2015	Blyth	NE152186	3
200 Backstroke	2:52.13	2:54.10	329	08/12/13	Derwentside ASC Christmas Cracker	Stanley	NE3702	3
200 Individual Medley	2:47.59	2:49.90	384	27/04/14	Chester Le Street ASC Open Meet	Stanley	NE4591	3
400 Individual Medley	5:57.38	6:02.30	380	12/07/15	Alnwick Dolphins Club Championships	Alnwick	NE151006	4
100 Individual Medley	1:18.84	1:18.80	368	10/07/16	Alnwick Dolphins 2016 Club Championships	Alnwick	NE161592	4