

Individual Best Times (All Time)

Alex Beard - (818935) - University of Surrey Swimming CI

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	33.18	32.50	250	25/03/16	City of Sheffield Swim Squad Premier Meet	Sheffield	NE160210	1
100 Freestyle	1:17.20	1:16.10	223	17/05/15	MCASA Long Course Open Meet	Luton	LR150711	1
200 Freestyle	2:09.73	2:07.00	486	09/02/20	The 2020 Middlesex County Championships	London	LR200152	1
400 Freestyle	4:31.09	4:25.90	534	16/02/20	The 2020 Middlesex County Championships	London	LR200153	1
800 Freestyle	9:19.56	9:09.10	527	15/02/20	The 2020 Middlesex County Championships	London	LR200153	1
1500 Freestyle	17:49.25	17:29.80	540	05/04/19	Guildford City Level 1 Spring Open Meet	Surrey Sports Park	SE190010	1
50 Breaststroke	30.81	29.80	597	09/03/24	City of Sheffield SS Premier Open Meet 2024	Sheffield	NE240033	1
100 Breaststroke	1:08.51	1:06.70	572	10/03/24	City of Sheffield SS Premier Open Meet 2024	Sheffield	NE240033	1
200 Breaststroke	2:38.09	2:34.70	500	16/02/20	The 2020 Middlesex County Championships	London	LR200153	1
50 Butterfly	28.74	28.10	465	09/02/20	The 2020 Middlesex County Championships	London	LR200152	1
100 Butterfly	1:08.36	1:07.20	378	01/08/19	Swim Wales Summer Nationals	Swansea	WL190050	1
200 Butterfly	2:23.37	2:21.20	455	15/02/20	The 2020 Middlesex County Championships	London	LR200153	1
50 Backstroke	38.74	38.20	224	25/03/16	City of Sheffield Swim Squad Premier Meet	Sheffield	NE160210	1
100 Backstroke	1:17.80	1:16.80	291	05/08/17	Swim Wales Summer Nationals	Swansea	WL170074	1
200 Backstroke	3:11.58	3:09.80	199	11/04/15	Team Luton April Long Course Meet	Luton	ER150341	1
200 Individual Medley	2:24.50	2:21.70	491	15/02/20	The 2020 Middlesex County Championships	London	LR200153	1
400 Individual Medley	5:05.06	4:59.30	502	09/02/20	The 2020 Middlesex County Championships	London	LR200152	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.42	26.20	498	17/12/23	Hillingdon Swimming Club Winter Open Meet 2023	Hillingdon	LR231950	3
100 Freestyle	57.84	59.30	465	17/12/23	Hillingdon Swimming Club Winter Open Meet 2023	Hillingdon	LR231950	3
200 Freestyle	2:09.04	2:11.70	456	26/10/19	Hart SC Autumn Open Meet 2019	Hart	SE192309	3
400 Freestyle	4:25.80	4:31.00	509	27/10/19	Hart SC Autumn Open Meet 2019	Hart	SE192309	3
800 Freestyle	9:01.67	9:12.20	548	10/11/19	Windsor Winter National Distance Qualifier	Fleet	SE192459	2
1500 Freestyle	17:32.00	17:51.40	521	17/11/18	Staines Club Championships 2018	Spelthorne LC	SE182305	4
50 Breaststroke	29.81	30.80	586	16/12/23	Hillingdon Swimming Club Winter Open Meet 2023	Hillingdon	LR231950	3
100 Breaststroke	1:06.34	1:08.20	578	17/12/23	Hillingdon Swimming Club Winter Open Meet 2023	Hillingdon	LR231950	3
200 Breaststroke	2:34.85	2:38.20	467	26/10/19	Hart SC Autumn Open Meet 2019	Hart	SE192309	3
50 Butterfly	29.66	30.30	394	27/10/19	Hart SC Autumn Open Meet 2019	Hart	SE192309	3
100 Butterfly	1:04.42	1:05.60	408	02/02/20	Staines Development Meet	Staines	SE200356	3
200 Butterfly	2:24.14	2:26.30	407	13/04/19	Black Swan Regional Qualifier Meet 2019	Elmbridge Xcel	SE191276	3
50 Backstroke	33.48	34.10	288	22/06/19	Staines Club Championships 2019	Staines	SE191777	4
100 Backstroke	1:07.77	1:08.90	362	14/12/19	NASL South Round 3	Bognor Regis	SE193325	3
200 Backstroke	2:27.97	2:30.20	363	16/06/19	Staines Club Championships 2019	Staines	SE191776	4
200 Individual Medley	2:21.30	2:24.10	467	27/10/19	Hart SC Autumn Open Meet 2019	Hart	SE192309	3
400 Individual Medley	4:56.01	5:01.90	499	26/10/19	Hart SC Autumn Open Meet 2019	Hart	SE192309	3
100 Individual Medley	1:12.99	1:13.00	307	14/07/18	BLACK SWAN SUMMER OPEN MEET 2018	ELMBRIDGE	SE181533	3