

Individual Best Times (All Time)

Phoebe Kelman-Johns - (816757) - City of Cardiff

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.60	32.00	379	27/02/16	Aquae Sulis Spring Grand Prix	Bristol	SW160100	1
100 Freestyle	1:04.96	1:03.70	504	13/02/20	Middle East Open and Junior Championships	Dubai	GBR1302	1
200 Freestyle	2:25.68	2:23.30	464	27/03/16	Exeter City Easter Meet 2016	Millfield	SW160324	1
400 Freestyle	5:05.90	5:01.30	455	26/03/16	Exeter City Easter Meet 2016	Millfield	SW160324	1
800 Freestyle	10:47.35	10:38.30	419	24/01/16	Somerset ASA County Championships	Millfield	SW160261	1
50 Breaststroke	32.67	31.70	711	23/07/19	British Summer Championships	Glasgow	BSW011	1
100 Breaststroke	1:11.90	1:10.10	709	08/02/20	Arena Lisbon International Meet	Lisbon	GBR1311	1
200 Breaststroke	2:40.41	2:37.10	630	20/12/19	Northampton Swimming Club Winter Festival	Corby	EM191953	1
50 Butterfly	32.11	31.50	440	08/02/20	Arena Lisbon International Meet	Lisbon	GBR1311	1
100 Butterfly	1:15.88	1:14.90	390	04/02/17	Somerset County Championships 2017	Millfield	SW170131	1
50 Backstroke	33.18	32.60	530	05/05/19	ASA SWR Summer Championships	Plymouth	SW190488	1
100 Backstroke	1:12.96	1:11.80	485	06/01/18	UBSC New Year Level 1 Open Meet	Hengrove	SW180293	1
200 Backstroke	2:36.44	2:34.30	487	23/03/19	UoB & Bristol Henleaze National Qualifier Open	Hengrove	SW190355	1
200 Individual Medley	2:29.80	2:27.10	596	04/05/19	ASA SWR Summer Championships	Plymouth	SW190488	1
400 Individual Medley	5:26.85	5:21.40	538	23/03/19	UoB & Bristol Henleaze National Qualifier Open	Hengrove	SW190355	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.96	29.70	496	01/02/20	Dorset 2020 Integrated Champs and Age Group Comp	Littledown	SW200145	2
100 Freestyle	1:00.38	1:01.70	576	17/11/19	Swim Bournemouth L2 Winter Short Course	Littledown Centre	SW192634	2
200 Freestyle	2:20.92	2:23.40	479	17/12/16	Yeovil Christmas Meet	Millfield	SW162206	3
400 Freestyle	4:54.50	4:59.20	484	18/12/16	Yeovil Christmas Meet	Millfield	SW162206	3
800 Freestyle	10:14.63	10:24.00	468	26/09/19	Swim Bournemouth Club Championships	Bournemouth	SW192565	4
1500 Freestyle	20:13.31	20:30.20	419	10/07/15	Yeovil & District 2015 Club Championships	Dorset	SW151319	4
50 Breaststroke	31.79	32.80	710	02/11/19	South West Region Winter SC Championships	Millfield	SW192612	2
100 Breaststroke	1:09.52	1:11.30	721	17/11/19	Swim Bournemouth L2 Winter Short Course	Littledown Centre	SW192634	2
200 Breaststroke	2:35.80	2:39.10	644	16/11/19	Swim Bournemouth L2 Winter Short Course	Littledown Centre	SW192634	2
50 Butterfly	30.63	31.20	504	19/01/20	Dorset 2020 Integrated Champs and Age Group Comp	Littledown	SW200143	2
100 Butterfly	1:10.61	1:11.70	448	16/11/19	Swim Bournemouth L2 Winter Short Course	Littledown Centre	SW192634	2
50 Backstroke	31.79	32.40	501	18/02/18	Dorset County ASA Champs & Age Group Competition	Littledown	SW180099	2
100 Backstroke	1:13.46	1:14.50	417	17/10/15	GCSC Level 2 October Meet	Gloucester	SW150758	2
200 Backstroke	2:29.51	2:31.70	503	02/02/19	Dorset 2019 Integrated Champs and Age Group Comp	Bournemouth	SW190087	2
200 Individual Medley	2:26.38	2:29.00	576	17/11/19	Swim Bournemouth L2 Winter Short Course	Littledown Centre	SW192634	2
400 Individual Medley	5:12.00	5:17.60	571	18/11/18	Swim Bournemouth Winter Short Course L2 Meet	Bournemouth	SW180271	2
100 Individual Medley	1:06.05	1:06.10	626	03/02/19	Dorset 2019 Integrated Champs and Age Group Comp	Bournemouth	SW190087	2