

Individual Best Times (All Time)

Jonathan Owen - (816742) - Hitchin SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	26.75	26.00	477	15/04/17	Team Luton April Long Course Meet 2017	Luton	ER170348	1
100 Freestyle	59.88	58.50	479	02/05/15	ASA East Region Summer Championships Weekend 1	Luton	ER150672	1
100 Backstroke	1:12.47	1:11.40	360	04/04/15	Basildon & Phoenix LC Easter Meet	Basildon	ER150042	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.79	26.60	477	05/11/16	East Swimming 2016 SC Championships	Luton	ER161979	2
100 Freestyle	55.71	57.20	521	08/11/15	ASA East Region Winter Championships 2015	Luton	ER151653	2
50 Breaststroke	39.49	40.30	252	31/01/15	Potters Bar Winter Open 2015	Potters Bar	ER150125	3
100 Breaststroke	1:25.99	1:27.40	265	08/11/14	NASL London Rounds Division 1 & 2	Basildon	ER14048	3
50 Butterfly	43.08	43.50	128	13/05/12	Stevenage SC May Open Meet	Stevenage	ER2299	3
50 Backstroke	30.16	30.80	393	28/01/17	Herts County Champs & Age Group Champs	Borehamwood	ER170423	2
100 Backstroke	1:12.27	1:13.40	299	29/11/15	Hitchin County Qualifier Open Meet 2015	Borehamwood	ER150795	3
100 Individual Medley	1:10.64	1:10.60	339	29/11/15	Hitchin County Qualifier Open Meet 2015	Borehamwood	ER150795	3