

Individual Best Times (All Time)

Martha Shepherd - (816558) - Westbury ASC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	33.75	33.10	342	13/07/14	Torfaen Dolphins Non National Qualifier 2014	Bristol	SW4593	3
100 Freestyle	1:18.29	1:17.20	288	13/07/14	Torfaen Dolphins Non National Qualifier 2014	Bristol	SW4593	3
50 Breaststroke	41.43	40.70	348	13/07/14	Torfaen Dolphins Non National Qualifier 2014	Bristol	SW4593	3
100 Breaststroke	1:47.73	1:46.50	210	06/04/13	3 Towers Spring Open Meet	Millfield	SW3249	3
200 Breaststroke	3:22.87	3:20.20	311	13/07/14	Torfaen Dolphins Non National Qualifier 2014	Bristol	SW4593	3
50 Butterfly	49.15	48.80	122	28/10/12	3 Towers Open Meet	Millfield School	SW2507	3
50 Backstroke	45.13	44.70	210	07/04/13	3 Towers Spring Open Meet	Millfield	SW3249	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	33.10	33.70	332	02/11/14	Trowbridge Meet	Trowbridge	SW14333	4
100 Freestyle	1:12.84	1:14.00	328	02/11/14	Trowbridge Meet	Trowbridge	SW14333	4
200 Freestyle	2:46.36	2:48.40	291	01/11/14	Trowbridge Meet	Trowbridge	SW14333	4
50 Breaststroke	40.84	41.60	335	28/02/15	Wiltshire Youth Championships	Swindon	CC150351	2
100 Breaststroke	1:31.42	1:32.80	317	19/10/14	Gloucester City SC Level 3 Open Meet	Gloucester	SW4580	3
200 Breaststroke	3:21.67	3:24.30	297	18/01/15	Trowbridge County Qualifier Open January Meet	Trowbridge	SW150323	3
50 Butterfly	38.03	38.50	263	01/11/14	Trowbridge Meet	Trowbridge	SW14333	4
50 Backstroke	37.55	38.10	304	19/10/14	Gloucester City SC Level 3 Open Meet	Gloucester	SW4580	3
200 Backstroke	3:11.30	3:13.00	240	27/10/13	Trowbridge ASC Club Championships 2013	Trowbridge	SW3882	4
200 Individual Medley	3:00.06	3:02.20	309	12/04/15	Gloucester City Level 2 April Open Meet	Gloucester	SW150202	2
100 Individual Medley	1:22.87	1:22.90	317	02/11/14	Trowbridge Meet	Trowbridge	SW14333	4