

# Individual Best Times (All Time)

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## Short Course

| Stroke                | SC Time | Converted to LC | SC WA Pts | Date     | Meet                        | Venue    | License | Level |
|-----------------------|---------|-----------------|-----------|----------|-----------------------------|----------|---------|-------|
| 50 Freestyle          | 35.54   | 36.10           | 268       | 15/11/14 | Backwell Club Championships | Backwell | SW14484 | 4     |
| 100 Freestyle         | 1:17.65 | 1:18.70         | 271       | 14/11/14 | Backwell Club Championships | Backwell | SW14484 | 4     |
| 200 Freestyle         | 2:54.82 | 2:56.80         | 251       | 11/11/14 | Backwell Club Championships | Backwell | SW14483 | 4     |
| 50 Butterfly          | 38.59   | 39.10           | 252       | 15/11/14 | Backwell Club Championships | Backwell | SW14484 | 4     |
| 100 Butterfly         | 1:27.33 | 1:28.20         | 237       | 14/11/14 | Backwell Club Championships | Backwell | SW14484 | 4     |
| 100 Backstroke        | 1:31.57 | 1:32.40         | 215       | 15/11/14 | Backwell Club Championships | Backwell | SW14484 | 4     |
| 100 Individual Medley | 1:29.09 | 1:29.10         | 255       | 15/11/14 | Backwell Club Championships | Backwell | SW14484 | 4     |