

Individual Best Times (All Time)

Leah Nicholls - (815629) - Arun Tridents SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	34.76	35.40	287	03/12/14	Littlehampton Club Championships 2014	Littlehampton	SE14480	4
100 Freestyle	1:19.60	1:20.60	251	12/04/15	Littlehampton Last Chance Regional Qualifier	Bognor Regis	SE150322	3
200 Freestyle	2:53.06	2:55.10	258	29/11/14	Littlehampton Club Championships 2014	Bognor Regis	SE14477	4
400 Freestyle	6:03.80	6:07.70	257	30/11/14	Littlehampton Club Championships 2014	Bognor Regis	SE14479	4
50 Breaststroke	43.80	44.50	271	28/06/14	Littlehampton SC STAG Gala 2014	Littlehampton	SE4843	4
100 Breaststroke	1:37.63	1:38.90	260	08/11/14	NASL2014 Round 2	Southampton	LR14630	3
200 Breaststroke	3:35.54	3:38.00	243	21/04/13	Littlehampton Last Chance R Qualifier	Feltham	SE3195	3
50 Butterfly	39.74	40.20	230	25/05/14	The Vanessa Knight Memorial Open Meet	Bognor Regis	SE4504	3
100 Butterfly	1:46.18	1:46.90	131	30/11/13	Littlehampton SC Club Championships	Bognor Regis	SE3489	4
50 Backstroke	42.64	43.10	207	01/12/14	Littlehampton Club Championships 2014	Bognor Regis	SE14478	4
100 Backstroke	1:33.53	1:34.40	202	08/11/14	NASL2014 Round 2	Southampton	LR14630	3
200 Individual Medley	3:43.61	3:45.40	161	28/11/12	Littlehampton Club Championships	Bognor Regis	SE2456	4
100 Individual Medley	1:29.99	1:30.00	247	03/05/14	Atlantis SC Horsham 2014 Spring Open Meet	Horsham	SE4038	3