

# Individual Best Times (All Time)

India Hanke - (813779) - Millfield

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.12	30.40	436	18/05/14	Rotherham Metro SC Level One Long Course Meet	Sheffield	NE4110	1
100 Freestyle	1:07.75	1:06.50	444	09/06/13	Midland Age Groups Championships	Coventry	WMR317	1
200 Freestyle	2:36.15	2:33.90	377	15/12/12	Northampton SC Winter Festival Open Meet	Corby	EM2644	1
50 Breaststroke	43.15	42.40	308	17/05/14	Rotherham Metro SC Level One Long Course Meet	Sheffield	NE4110	1
100 Breaststroke	1:31.58	1:30.20	343	02/06/13	Midland Age Group Championships 2013	Coventry	WMR316	1
200 Breaststroke	3:18.51	3:15.80	332	08/06/13	Midland Age Groups Championships	Coventry	WMR317	1
50 Backstroke	36.60	36.00	395	18/05/14	Rotherham Metro SC Level One Long Course Meet	Sheffield	NE4110	1
100 Backstroke	1:25.49	1:24.50	301	17/05/14	Rotherham Metro SC Level One Long Course Meet	Sheffield	NE4110	1
200 Backstroke	3:03.94	3:02.10	300	09/06/12	Midland Age Group Championships	Coventry	WMR209	1
200 Individual Medley	2:52.24	2:49.90	392	02/06/13	Midland Age Group Championships 2013	Coventry	WMR316	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.91	30.60	450	27/10/13	Worcester SC 17th Open Meet	Worcester	WM3767	3
100 Freestyle	1:08.16	1:09.40	400	27/10/13	Worcester SC 17th Open Meet	Worcester	WM3767	3
200 Freestyle	2:32.27	2:34.50	380	03/03/13	Worcester County Championships	Wolverhampton	CC3004	2
400 Freestyle	5:27.35	5:31.60	352	17/11/12	Halesowen Club Championships	Edgbaston	WM2689	4
800 Freestyle	11:17.16	11:25.70	350	24/11/12	Halesowen Club Championships	Edgbaston	WM2689	4
50 Breaststroke	39.20	40.00	379	27/10/13	Worcester SC 17th Open Meet	Worcester	WM3767	3
100 Breaststroke	1:27.66	1:29.10	360	09/03/13	Worcester County Championships	Wolverhampton	CC3005	2
200 Breaststroke	3:11.63	3:14.40	346	02/03/13	Worcester County Championships	Wolverhampton	CC3004	2
50 Butterfly	36.31	36.80	302	26/10/13	Worcester SC 17th Open Meet	Worcester	WM3767	3
100 Butterfly	1:25.88	1:26.80	249	27/10/13	Worcester SC 17th Open Meet	Worcester	WM3767	3
200 Butterfly	3:17.49	3:19.10	222	10/03/13	Worcester County Championships	Wolverhampton	CC3005	2
50 Backstroke	35.07	35.60	373	26/10/13	Worcester SC 17th Open Meet	Worcester	WM3767	3
100 Backstroke	1:21.91	1:22.90	300	25/10/14	Worcester 18th Open Meet	Worcester	WM14000	3
200 Backstroke	2:57.33	2:59.20	301	10/03/13	Worcester County Championships	Wolverhampton	CC3005	2
200 Individual Medley	2:49.55	2:51.90	371	17/11/12	Halesowen Club Championships	Edgbaston	WM2689	4
100 Individual Medley	1:16.44	1:16.40	404	23/06/13	Staffordshire ASA 3 Counties Invitation Gala	Stafford	WM3198	2