

Individual Best Times (All Time)

Emma Kerr - (813634) - Saxon Crown (Lewisham) SC

Long Course

| Stroke | LC Time | Converted to SC | LC WA Pts | Date | Meet | Venue | Licence | Level |
|-----------------------|---------|-----------------|-----------|----------|--|----------|----------|-------|
| 50 Freestyle | 31.27 | 30.60 | 430 | 27/05/18 | London Swimming 2018 Long Course Summer Open | London | LR181069 | 1 |
| 100 Freestyle | 1:33.87 | 1:33.00 | 167 | 19/07/15 | Basildon & Phoenix LC End of Season Meet | Basildon | ER150046 | 3 |
| 50 Breaststroke | 1:01.24 | 1:00.70 | 107 | 20/07/14 | Basildon & Phoenix End of Season Meet | Basildon | ER4489 | 3 |
| 50 Butterfly | 33.15 | 32.60 | 400 | 27/05/18 | London Swimming 2018 Long Course Summer Open | London | LR181069 | 1 |
| 100 Butterfly | 1:13.94 | 1:12.90 | 422 | 18/01/20 | 2020 Kent ASA Swimming Championships | London | SE200205 | 1 |
| 50 Backstroke | 36.46 | 35.90 | 399 | 26/05/18 | London Swimming 2018 Long Course Summer Open | London | LR181069 | 1 |
| 100 Backstroke | 1:39.36 | 1:38.50 | 192 | 19/07/15 | Basildon & Phoenix LC End of Season Meet | Basildon | ER150046 | 3 |
| 200 Backstroke | 3:41.89 | 3:40.40 | 170 | 19/07/14 | Basildon & Phoenix End of Season Meet | Basildon | ER4489 | 3 |
| 200 Individual Medley | 3:39.67 | 3:37.90 | 189 | 19/07/15 | Basildon & Phoenix LC End of Season Meet | Basildon | ER150046 | 3 |

Short Course

| Stroke | SC Time | Converted to LC | SC WA Pts | Date | Meet | Venue | License | Level |
|-----------------------|---------|-----------------|-----------|----------|--|-------------------|----------|-------|
| 50 Freestyle | 30.74 | 31.40 | 415 | 18/03/18 | Dartford Spring Meet | Medway | SE180241 | 3 |
| 100 Freestyle | 1:07.49 | 1:08.70 | 412 | 07/03/20 | OOJS & EDSC Spring Charity Meet 2020 | Crook Log | LR200297 | 3 |
| 200 Freestyle | 2:49.23 | 2:51.30 | 276 | 05/12/16 | Saxon Crown 2016 Club Championships | Downham | LR162244 | 4 |
| 400 Freestyle | 6:23.94 | 6:27.60 | 218 | 22/11/15 | Saxon Crown SC Club Championships 2015 | Downham | LR152241 | 4 |
| 50 Breaststroke | 42.09 | 42.80 | 306 | 18/03/18 | Dartford Spring Meet | Medway | SE180241 | 3 |
| 200 Breaststroke | 4:02.95 | 4:05.10 | 169 | 16/11/15 | Saxon Crown SC Club Championships 2015 | Glass Mill | LR152244 | 4 |
| 50 Butterfly | 32.69 | 33.30 | 414 | 21/04/18 | The White Horse League | The Eltham Centre | LR180221 | 3 |
| 100 Butterfly | 1:14.21 | 1:15.20 | 386 | 22/06/19 | English Schools Swimming Association Summer Open | Crawley | SE190451 | 3 |
| 50 Backstroke | 35.62 | 36.20 | 356 | 17/03/18 | Dartford Spring Meet | Medway | SE180241 | 3 |
| 100 Backstroke | 1:17.26 | 1:18.30 | 358 | 13/10/18 | The NASL - London - Rounds 2018 - Div 1 & 2 | Eltham | ER182071 | 3 |
| 200 Backstroke | 2:57.46 | 2:59.30 | 301 | 05/12/16 | Saxon Crown 2016 Club Championships | Downham | LR162244 | 4 |
| 200 Individual Medley | 2:52.34 | 2:54.60 | 353 | 17/06/18 | Saxon Crown 2018 Future Champs | Glass Mill LC | LR180811 | 3 |
| 100 Individual Medley | 1:17.44 | 1:17.40 | 388 | 08/03/20 | OOJS & EDSC Spring Charity Meet 2020 | Crook Log | LR200297 | 3 |