

Individual Best Times (All Time)

Solomon Giesler - (813549) - City of Cambridge SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	25.75	24.90	535	08/02/15	UEA City of Norwich SC February Groundhog Meet	Norwich	ER150078	1
100 Freestyle	57.31	55.80	546	07/02/15	UEA City of Norwich SC February Groundhog Meet	Norwich	ER150078	1
200 Freestyle	2:12.47	2:09.80	456	08/06/13	BGASA East Region Age Group Champs	Norwich	ERX313	1
100 Breaststroke	1:18.63	1:17.00	378	09/02/14	UEA City of Norwich Groundhog LC Meet 2014	Norwich	ER4036	1
50 Butterfly	28.02	27.30	502	07/02/15	UEA City of Norwich SC February Groundhog Meet	Norwich	ER150078	1
100 Butterfly	1:05.04	1:03.90	439	08/02/15	UEA City of Norwich SC February Groundhog Meet	Norwich	ER150078	1
400 Individual Medley	5:41.20	5:36.00	359	30/03/13	City of Norwich SC Easter Meet 2013	Norwich	ER3006	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.72	26.50	481	06/12/14	ASA East Region Winter Championships	Luton	ERX432	2
100 Freestyle	55.65	57.10	523	07/12/14	ASA East Region Winter Championships	Luton	ERX432	2
200 Freestyle	2:10.18	2:12.80	444	06/10/13	City of Cambridge Club Championships	Cambridge	ER3638	4
400 Freestyle	4:47.34	4:52.20	403	09/03/13	Cambridgeshire ASA County Championships	Peterborough	CC3055	2
50 Breaststroke	35.71	36.60	341	09/03/13	Cambridgeshire ASA County Championships	Peterborough	CC3055	2
100 Breaststroke	1:14.90	1:16.60	402	14/03/15	Cambridgeshire ASA County Championships	Peterborough	CC150084	2
200 Breaststroke	2:46.46	2:49.60	376	17/03/13	Cambridgeshire ASA County Championships	Cambridge	CC3057	2
50 Butterfly	28.31	29.00	453	14/03/15	Cambridgeshire ASA County Championships	Peterborough	CC150084	2
100 Butterfly	1:03.72	1:04.90	421	10/01/15	City of Cambridge Winter Open Short Course	Parkside	ER150184	2
200 Butterfly	2:43.28	2:45.20	280	05/10/13	City of Cambridge Club Championships	Cambridge	ER3638	4
50 Backstroke	32.38	33.00	318	05/10/13	City of Cambridge Club Championships	Cambridge	ER3638	4
100 Backstroke	1:11.33	1:12.40	311	06/10/13	City of Cambridge Club Championships	Cambridge	ER3638	4
200 Individual Medley	2:26.52	2:29.20	418	07/03/15	Cambridgeshire ASA County Championships	Peterborough	CC150083	2
400 Individual Medley	5:23.24	5:28.60	383	17/03/13	Cambridgeshire ASA County Championships	Cambridge	CC3057	2
100 Individual Medley	1:08.48	1:08.50	372	04/10/14	City of Cambridge Club Championships	Cambridge	ER14281	4