

Individual Best Times (All Time)

Matthew Van Mourik - (813205) - Teesdale Tiger Sharks

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
100 Freestyle	1:05.44	1:04.10	367	22/01/22	City of Sunderland ASC New Year Meet 2022	Sunderland	NE220080	1
200 Freestyle	2:32.01	2:29.70	302	14/07/18	Richmond Dales Summer Madness Gala	Leeds	NE181109	3
50 Breaststroke	56.99	56.40	94	18/01/14	Rotherham Metro SC A & B Grade LC Meet	Sheffield	NE4046	3
50 Butterfly	38.00	37.50	201	20/01/18	Rotherham Metro 'A' & 'B' Grade Long Course Meet	Sheffield	NE180029	3
50 Backstroke	39.46	38.90	212	20/01/18	Rotherham Metro 'A' & 'B' Grade Long Course Meet	Sheffield	NE180029	3
100 Backstroke	1:24.53	1:23.60	227	14/07/18	Richmond Dales Summer Madness Gala	Leeds	NE181109	3
200 Individual Medley	3:03.01	3:00.80	241	08/07/17	City of Sunderland Summer Splash 2017	Sunderland	NE171638	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.30	32.00	267	13/05/18	Wear Valley May L3 Meet	Bishop Auckland	NE180001	3
100 Freestyle	1:02.72	1:04.00	365	17/10/21	Durham City Aquatics Medley Challenge	Durham	NE210826	3
200 Freestyle	2:26.83	2:29.20	309	13/05/18	Wear Valley May L3 Meet	Bishop Auckland	NE180001	3
50 Breaststroke	45.15	45.80	168	08/04/17	Harrogate District Spa Town A & B Grade Meet	Harrogate	NE170167	3
100 Breaststroke	1:24.89	1:26.40	276	17/10/21	Durham City Aquatics Medley Challenge	Durham	NE210826	3
50 Butterfly	38.23	38.70	184	24/09/17	Billingham Autumn Meet	Billingham	NE170406	3
100 Butterfly	1:18.60	1:19.60	224	17/10/21	Durham City Aquatics Medley Challenge	Durham	NE210826	3
50 Backstroke	37.32	37.90	207	13/05/18	Wear Valley May L3 Meet	Bishop Auckland	NE180001	3
100 Backstroke	1:14.87	1:15.90	268	17/10/21	Durham City Aquatics Medley Challenge	Durham	NE210826	3
200 Backstroke	2:49.21	2:51.20	243	13/05/18	Wear Valley May L3 Meet	Bishop Auckland	NE180001	3
200 Individual Medley	3:00.38	3:02.60	224	08/04/17	Harrogate District Spa Town A & B Grade Meet	Harrogate	NE170167	3
100 Individual Medley	1:23.33	1:23.30	206	08/10/17	Darlington Dander October Meet	Darlington	NE170941	3