

Individual Best Times (All Time)

Tommy Hoven - (813196) - City of Norwich SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	25.62	24.80	543	02/07/16	UEA City Of Norwich Midsummer Madness Open Meet	Norwich	ER161254	3
100 Freestyle	55.60	54.10	598	30/04/16	ASA East Region Long Course Championships	Norwich	ER160820	1
200 Freestyle	2:06.06	2:03.30	529	02/07/16	UEA City Of Norwich Midsummer Madness Open Meet	Norwich	ER161254	3
400 Freestyle	4:41.71	4:36.70	476	03/04/15	UEA City of Norwich Easter LC Meet 2015	Norwich	ER150080	1
50 Breaststroke	35.67	34.80	385	02/07/16	UEA City Of Norwich Midsummer Madness Open Meet	Norwich	ER161254	3
100 Breaststroke	1:20.98	1:19.40	346	20/04/14	UEA City of Norwich Easter LC Meet 2014	Norwich	ER4035	1
200 Breaststroke	3:03.99	3:01.10	317	20/10/12	Lincoln Vulcans SC LC Open Meet	Sheffield	EM2315	1
50 Butterfly	30.21	29.60	400	07/02/15	UEA City of Norwich SC February Groundhog Meet	Norwich	ER150078	1
50 Backstroke	33.13	32.50	359	02/07/16	UEA City Of Norwich Midsummer Madness Open Meet	Norwich	ER161254	3
100 Backstroke	1:20.06	1:19.00	267	08/04/12	UEA City of Norwich Easter Meet	Norwich	ER2006	1
200 Individual Medley	2:29.69	2:27.00	441	02/07/16	UEA City Of Norwich Midsummer Madness Open Meet	Norwich	ER161254	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	24.96	25.80	526	05/11/16	East Swimming 2016 SC Championships	Luton	ER161979	2
100 Freestyle	54.25	55.80	564	06/11/16	East Swimming 2016 SC Championships	Luton	ER161979	2
200 Freestyle	2:00.92	2:03.80	554	05/11/16	East Swimming 2016 SC Championships	Luton	ER161979	2
400 Freestyle	4:27.76	4:32.90	498	24/09/15	UEA City of Norwich Club Championships 2015	Norwich	ER150798	4
50 Breaststroke	35.39	36.30	350	24/09/15	UEA City of Norwich Club Championships 2015	Norwich	ER150798	4
100 Breaststroke	1:17.44	1:19.00	363	08/03/14	Norfolk County Champs & AG Comp	Thetford	CC4109	2
200 Breaststroke	2:47.34	2:50.50	370	02/03/14	Norfolk County Champs & AG Comp	Thetford	CC4108	2
50 Butterfly	29.52	30.20	399	25/09/16	UEA City of Norwich Club Championships	Norwich	ER161259	4
100 Butterfly	1:06.62	1:07.70	368	25/09/15	UEA City of Norwich Club Championships 2015	Norwich	ER150798	4
200 Butterfly	2:46.03	2:47.90	266	12/11/17	BUCS Short Course Swimming Championships	Sheffield	NE172398	2
50 Backstroke	30.63	31.30	376	13/02/16	Norfolk County Championships 2016	Thetford	ER160405	2
100 Backstroke	1:06.10	1:07.30	390	14/02/16	Norfolk County Championships 2016	Thetford	ER160405	2
200 Backstroke	2:36.14	2:38.30	309	09/03/13	Norfolk County Championships	Thetford	CC3076	2
200 Individual Medley	2:22.35	2:25.10	456	24/09/16	UEA City of Norwich Club Championships	Norwich	ER161259	4
400 Individual Medley	5:15.60	5:21.10	411	23/09/15	UEA City of Norwich Club Championships 2015	Norwich	ER150798	4
100 Individual Medley	1:05.87	1:05.90	418	25/09/16	UEA City of Norwich Club Championships	Norwich	ER161259	4