

Individual Best Times (All Time)

Kieran Rafferty - (812463) - Carnegie ASC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.19	28.50	367	17/09/17	The Robin Hood Open Meet 2017	Sheffield	EM171325	3
100 Freestyle	1:03.86	1:02.50	395	17/09/17	The Robin Hood Open Meet 2017	Sheffield	EM171325	3
200 Freestyle	2:15.88	2:13.30	422	16/09/17	The Robin Hood Open Meet 2017	Sheffield	EM171325	3
400 Freestyle	4:49.16	4:44.30	440	30/04/17	University of Aberdeen Long Course Open Meet	Aberdeen	SCO1287	1
50 Breaststroke	36.66	35.80	354	16/09/17	The Robin Hood Open Meet 2017	Sheffield	EM171325	3
100 Breaststroke	1:19.25	1:17.60	369	16/09/17	The Robin Hood Open Meet 2017	Sheffield	EM171325	3
200 Breaststroke	2:48.39	2:45.20	413	27/05/17	East District Long Course Open Meet	Edinburgh	SCO1301	1
50 Butterfly	31.37	30.80	357	17/09/17	The Robin Hood Open Meet 2017	Sheffield	EM171325	3
100 Butterfly	1:09.80	1:08.70	355	28/05/17	East District Long Course Open Meet	Edinburgh	SCO1301	1
200 Butterfly	2:36.68	2:34.60	349	29/06/17	Scottish National Open Championships	Aberdeen	SCO1320	1
50 Backstroke	36.40	35.80	270	05/02/17	East District Age Groups Finals	Edinburgh	SCO1234	1
100 Backstroke	1:14.32	1:13.20	334	16/09/17	The Robin Hood Open Meet 2017	Sheffield	EM171325	3
200 Backstroke	2:39.22	2:37.10	347	01/05/16	COAST Long Course Meet	Aberdeen	SCO1116	1
200 Individual Medley	2:30.97	2:28.30	430	17/09/17	The Robin Hood Open Meet 2017	Sheffield	EM171325	3
400 Individual Medley	5:26.89	5:21.50	408	02/07/17	Scottish National Open Championships	Aberdeen	SCO1320	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.05	30.70	301	30/10/16	Carnegie Winter Open Meet	Glenrothes	SCO1190	2
100 Freestyle	1:03.77	1:05.10	347	19/02/17	Carnegie Open Spring Age Group Meet 2017	Glenrothes	SCO1246	2
200 Freestyle	2:12.77	2:15.40	419	13/05/17	InCAS Distance Meet	Michael Woods Centre	SCO1300	2
400 Freestyle	4:49.79	4:54.60	392	17/01/16	Carnegie Open Spring Age Group Meet	Glenrothes	SCO1115	2
800 Freestyle	9:52.14	10:01.80	419	27/11/16	East District Age Groups Championships	Glenrothes	SCO1206	1
1500 Freestyle	18:35.70	18:54.00	437	26/11/16	East District Age Groups Championships	Glenrothes	SCO1206	1
50 Breaststroke	37.08	37.90	304	19/02/17	Carnegie Open Spring Age Group Meet 2017	Glenrothes	SCO1246	2
100 Breaststroke	1:19.01	1:20.60	342	18/02/17	Carnegie Open Spring Age Group Meet 2017	Glenrothes	SCO1246	2
200 Breaststroke	2:44.73	2:47.90	388	05/03/17	Fife league1	Fife	SCO1256	2
50 Butterfly	30.92	31.50	348	03/09/17	Geordie Wotherspoon Fife Championships	Fife	SCO1332	2
100 Butterfly	1:09.20	1:10.30	329	19/02/17	Carnegie Open Spring Age Group Meet 2017	Glenrothes	SCO1246	2
200 Butterfly	2:30.99	2:33.10	354	23/04/17	Fife league 3	Fife	SCO1277	2
50 Backstroke	33.33	33.90	291	03/09/17	Geordie Wotherspoon Fife Championships	Fife	SCO1332	2
100 Backstroke	1:12.66	1:13.80	294	23/04/17	Fife league 3	Fife	SCO1277	2
200 Backstroke	2:34.08	2:36.20	322	14/01/17	East District Age Groups Round 2	Edinburgh	SCO1236	1
200 Individual Medley	2:27.38	2:30.00	411	14/05/17	InCAS Distance Meet	Michael Woods Centre	SCO1300	2
400 Individual Medley	5:11.35	5:16.90	428	13/05/17	InCAS Distance Meet	Michael Woods Centre	SCO1300	2
100 Individual Medley	1:09.57	1:09.60	355	03/09/17	Geordie Wotherspoon Fife Championships	Fife	SCO1332	2