

# Individual Best Times (All Time)

Jamie Farrow - (811709) - Hatfield SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	36.26	35.70	191	31/03/13	City of Norwich SC Easter Meet 2013	Norwich	ER3006	1
200 Freestyle	2:52.98	2:51.00	205	30/03/13	City of Norwich SC Easter Meet 2013	Norwich	ER3006	1
200 Breaststroke	4:13.08	4:11.00	121	18/12/11	Killerwhales Winter Open	Basildon	LR1534	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.18	28.90	366	20/05/17	Cheshunt 50th Anniversary Open Meet	Harlow	ER170914	3
100 Freestyle	1:00.25	1:01.60	412	28/10/18	Hatfield Club Championships 2018	Hertfordshire	ER182234	4
200 Freestyle	2:17.76	2:20.30	375	02/04/17	Hatfield Regional Qual Meet 2017	Hatfield	ER170484	3
400 Freestyle	4:47.62	4:52.50	401	07/04/18	Hatfield Regionals Qualifier Meet 2018	HERTFORDSHIRE SC	ER180755	3
1500 Freestyle	19:17.16	19:34.90	391	07/05/17	Hatfield Club Long Distance Time Trials 2017	Hatfield	ER171013	4
50 Breaststroke	37.73	38.60	289	24/09/17	Hatfield Club Championships 2017	Hatfield	ER172329	4
100 Breaststroke	1:18.91	1:20.50	343	28/10/18	Hatfield Club Championships 2018	Hertfordshire	ER182234	4
200 Breaststroke	2:50.45	2:53.50	350	08/04/18	Hatfield Regionals Qualifier Meet 2018	HERTFORDSHIRE SC	ER180755	3
50 Butterfly	32.96	33.50	287	24/09/17	Hatfield Club Championships 2017	Hatfield	ER172329	4
100 Butterfly	1:11.43	1:12.50	299	01/10/17	Hatfield Club Championships	Hatfield	ER172330	4
200 Butterfly	2:37.12	2:39.10	314	15/10/17	HATFIELD CLUB CHAMPIONSHIPS 2017	HERTFORDSHIRE	ER172331	4
50 Backstroke	34.81	35.40	256	20/05/17	Cheshunt 50th Anniversary Open Meet	Harlow	ER170914	3
100 Backstroke	1:15.52	1:16.60	262	24/09/17	Hatfield Club Championships 2017	Hatfield	ER172329	4
200 Backstroke	2:40.36	2:42.40	285	01/10/17	Hatfield Club Championships	Hatfield	ER172330	4
200 Individual Medley	2:32.47	2:35.00	371	07/04/18	Hatfield Regionals Qualifier Meet 2018	HERTFORDSHIRE SC	ER180755	3
400 Individual Medley	5:22.42	5:27.80	386	18/11/17	Team Luton November Short Course Meet	Luton	ER172383	3
100 Individual Medley	1:21.33	1:21.30	222	21/11/15	Hastings Seagull SC Santa Sprint Open Meet 2015	Hastings	SE151060	3