

Individual Best Times (All Time)

Annabelle Mace - (811669) - Deben SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.66	30.00	456	04/04/15	UEA City of Norwich Easter LC Meet 2015	Norwich	ER150080	1
100 Freestyle	1:07.37	1:06.10	452	03/04/15	UEA City of Norwich Easter LC Meet 2015	Norwich	ER150080	1
50 Butterfly	31.80	31.20	453	09/02/14	UEA City of Norwich Groundhog LC Meet 2014	Norwich	ER4036	1
100 Butterfly	1:11.54	1:10.50	466	08/02/14	UEA City of Norwich Groundhog LC Meet 2014	Norwich	ER4036	1
200 Butterfly	2:46.04	2:44.10	394	08/02/14	UEA City of Norwich Groundhog LC Meet 2014	Norwich	ER4036	1
200 Individual Medley	2:57.49	2:55.20	358	06/10/12	32nd Robin Hood Open Meet	Sheffield	EM2256	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.97	31.60	405	07/03/15	Suffolk County Championships	Ipswich	CC150048	2
100 Freestyle	1:06.18	1:07.40	437	24/11/13	Deben Open Meet	Deben	ER3812	3
200 Freestyle	2:50.02	2:52.10	273	15/05/11	Sudbury & District Two Day Meet	Sudbury	ER1367	4
50 Breaststroke	39.51	40.30	370	17/01/15	Teamipswich Swimming January Open Meet	Ipswich	ER150023	3
100 Breaststroke	1:27.61	1:29.00	360	21/11/15	Deben SC Open Meet 2015	Woodbridge	ER152016	3
200 Breaststroke	3:04.35	3:07.20	388	04/07/14	Deben SC Club Championships	Deben	ER4814	4
50 Butterfly	31.97	32.60	443	09/03/14	Suffolk County ASA County Championships	Ipswich	CC4083	2
100 Butterfly	1:11.88	1:12.90	425	19/04/15	Newmarket & District Seventh Open Meet	Newmarket	ER150020	3
200 Butterfly	2:39.67	2:41.60	420	15/03/14	Suffolk County Championships	Ipswich	CC4084	2
50 Backstroke	40.23	40.70	247	24/06/12	Suffolk County Development Meet	Newmarket	ER2445	3
200 Individual Medley	2:48.50	2:50.80	378	16/06/13	Deben SC Club Championships	Woodbridge	ER3509	4
400 Individual Medley	5:56.91	6:01.80	381	18/11/12	Deben Open Meet 2012	Deben	ER2483	3
100 Individual Medley	1:15.79	1:15.80	414	04/07/14	Deben SC Club Championships	Deben	ER4814	4