

Individual Best Times (All Time)

Thomas Sansom - (811587) - Livingston & District Dolphins

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.72	29.00	348	02/08/14	Swim Wales Summer Nationals 2014	Swansea	WAL585	1
100 Freestyle	1:05.42	1:04.10	367	15/01/15	SASA East District Age Group Championships	Edinburgh	SCO927	1
50 Butterfly	33.05	32.50	305	03/08/14	Swim Wales Summer Nationals 2014	Swansea	WAL585	1
100 Butterfly	1:14.44	1:13.40	293	15/01/15	SASA East District Age Group Championships	Edinburgh	SCO927	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.90	29.60	339	24/01/15	FIRST Open Meet	Bathgate	SCO928	2
100 Freestyle	1:03.63	1:04.90	349	04/10/15	SASA East District SC Time Trial	Prestonpans	SCO1022	2
200 Freestyle	2:31.25	2:33.50	283	13/10/13	Aquanauts Autumn Meet	Bathgate	SCO767	2
400 Freestyle	5:39.84	5:44.00	243	18/05/13	Swim West Lothian IM Tough 2013	Bathgate	SCO727	2
100 Breaststroke	1:34.82	1:36.10	198	09/11/13	Lothian Graded Meet	Prestonpans	SCO795	2
200 Breaststroke	3:37.17	3:39.60	169	17/03/13	Portobello ASC Mad March Meet	Prestonpans	SCO720	2
50 Butterfly	33.18	33.70	281	24/01/15	FIRST Open Meet	Bathgate	SCO928	2
100 Butterfly	1:13.40	1:14.40	275	07/05/16	LDD Graded Meet	Bathgate	SCO1121	2
200 Butterfly	3:07.46	3:09.10	185	18/05/13	Swim West Lothian IM Tough 2013	Bathgate	SCO727	2
50 Backstroke	53.03	53.40	72	26/11/11	FIRST Graded Meet	Glenrothes	SCO565	2
100 Backstroke	1:32.29	1:33.20	143	11/05/13	Livingston & District Dolphins Graded Meet	Prestonpans	SCO726	2
200 Individual Medley	2:55.05	2:57.30	245	07/03/15	Lothian Leagues 2015 Round 1	Prestonpans	SCO950	2
400 Individual Medley	6:31.71	6:36.20	215	19/05/13	Swim West Lothian IM Tough 2013	Bathgate	SCO727	2
100 Individual Medley	1:18.72	1:18.70	245	12/04/15	Stirling Open Meet	Stirling	SCO962	2