

Individual Best Times (All Time)

Benjamin Cutbush - (810543) - Poole SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	26.60	25.80	485	30/06/19	Team Bath AS Pre-National Summer Special	Hengrove LC	SW191735	1
100 Freestyle	56.40	54.90	573	05/05/19	ASA SWR Summer Championships	Plymouth	SW190488	1
200 Freestyle	2:02.68	1:59.80	574	25/05/19	Plymouth Leander National Qualifier L1 LC Open	Plymouth	SW191273	1
400 Freestyle	4:27.84	4:22.60	554	28/05/18	Plymouth Leander Level 1 National Qualifier	Plymouth	SW180556	1
800 Freestyle	9:21.89	9:11.50	520	07/05/18	ASA SWR Summer Championships	Plymouth	SW180512	1
1500 Freestyle	18:38.14	18:19.50	472	01/05/17	ASA SWR Summer Championships	Plymouth	SW170194	1
50 Breaststroke	32.61	31.60	503	05/05/19	ASA SWR Summer Championships	Plymouth	SW190488	1
100 Breaststroke	1:13.70	1:12.00	459	26/05/18	Plymouth Leander Level 1 National Qualifier	Plymouth	SW180556	1
200 Breaststroke	2:38.80	2:35.40	493	05/05/18	ASA SWR Summer Championships	Plymouth	SW180512	1
50 Backstroke	33.59	33.00	344	07/01/17	UBSC New Year L1 Open Meet	Bristol	SW170243	1
100 Backstroke	1:18.92	1:17.90	279	25/04/15	Millfield & Taunton Super Series (LC)	Millfield	SW150217	1
200 Individual Medley	2:25.19	2:22.50	484	04/05/19	ASA SWR Summer Championships	Plymouth	SW190488	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.83	26.60	475	23/06/19	Poole SC 2019 Club Champs	Poole	SW191629	4
100 Freestyle	54.74	56.20	549	17/02/19	Dorset 2019 Integrated Champs and Age Group Comp	Bournemouth	SW190089	2
200 Freestyle	1:57.79	2:00.70	600	15/12/18	City of Bristol Christmas Cracker Meet	Hengrove Park	SW182681	2
400 Freestyle	4:14.15	4:19.60	582	16/12/18	City of Bristol Christmas Cracker Meet	Hengrove Park	SW182681	2
800 Freestyle	8:56.66	9:07.30	564	04/02/18	Dorset County ASA Champs & Age Group Competition	Littledown	SW180097	2
1500 Freestyle	18:09.76	18:28.50	469	13/11/16	Poole Long Distance Meet	Poole	SW160989	4
50 Breaststroke	31.21	32.20	510	22/06/19	Poole SC 2019 Club Champs	Poole	SW191629	4
100 Breaststroke	1:09.32	1:11.10	507	22/06/19	Poole SC 2019 Club Champs	Poole	SW191629	4
200 Breaststroke	2:30.92	2:34.40	504	15/12/18	City of Bristol Christmas Cracker Meet	Hengrove Park	SW182681	2
50 Butterfly	30.20	30.80	373	27/10/18	Poole Swimming Club Season Starter 2018	Dorchester	SW181567	3
100 Butterfly	1:06.57	1:07.70	369	23/06/19	Poole SC 2019 Club Champs	Poole	SW191629	4
200 Butterfly	2:44.69	2:46.60	273	16/07/17	Poole Club Championships	Poole	SW170955	4
50 Backstroke	31.82	32.40	335	17/12/16	City of Bristol Christmas Cracker	Bristol	SW162171	3
100 Backstroke	1:11.15	1:12.30	313	18/02/17	Dorset County Champs & Age Groups	Bournemouth	SW170160	2
200 Backstroke	2:26.59	2:28.80	374	27/10/18	Poole Swimming Club Season Starter 2018	Dorchester	SW181567	3
200 Individual Medley	2:14.75	2:17.60	538	17/02/19	Dorset 2019 Integrated Champs and Age Group Comp	Bournemouth	SW190089	2
400 Individual Medley	4:53.41	4:59.30	512	23/06/19	Poole SC 2019 Club Champs	Poole	SW191629	4
100 Individual Medley	1:03.98	1:04.00	456	02/02/19	Dorset 2019 Integrated Champs and Age Group Comp	Bournemouth	SW190087	2