

Individual Best Times (All Time)

Holly Denton - (809068) - Adwick (Doncaster) SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	37.41	36.80	251	27/11/10	Sheffield City B Grade	Sheffield	NE0385	3
100 Freestyle	1:15.08	1:14.00	326	03/02/13	Sheffield & District ASA Championships	Sheffield	NE3188	4
100 Breaststroke	1:47.47	1:46.30	212	27/11/10	Sheffield City B Grade	Sheffield	NE0385	3
100 Butterfly	1:25.89	1:25.00	269	14/12/13	BoB SC 18th Annual Christmas Sprint	Sheffield	NE31002	3
100 Backstroke	1:23.34	1:22.40	325	03/02/13	Sheffield & District ASA Championships	Sheffield	NE3188	4
200 Individual Medley	3:03.35	3:01.20	325	03/02/13	Sheffield & District ASA Championships	Sheffield	NE3188	4

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	34.57	35.20	291	22/04/12	Doncaster Dartes SC Minster Meet	Beverley	NE2433	4
100 Freestyle	1:13.21	1:14.30	323	07/10/12	Doncaster Dartes Individual Championships	Doncaster	NE2798	4
200 Freestyle	2:47.12	2:49.20	287	20/07/13	Adwick ASC Home Championships 2013	Adwick	NE3551	4
50 Breaststroke	46.07	46.80	233	04/03/12	Doncaster Metropolitan Club Championships	Doncaster	NE2285	4
100 Breaststroke	1:38.72	1:40.00	252	18/11/12	Adwick Home Championships	Adwick	NE2796	4
50 Butterfly	37.22	37.70	281	28/10/12	South Axholme Sharkes Halloween Meet	Beverley	NE2563	3
100 Butterfly	1:23.52	1:24.40	271	17/11/12	Adwick Home Championships	Adwick	NE2796	4
200 Butterfly	3:23.57	3:25.10	202	20/07/13	Adwick ASC Home Championships 2013	Adwick	NE3551	4
50 Backstroke	37.75	38.30	299	04/03/12	Doncaster Metropolitan Club Championships	Doncaster	NE2285	4
100 Backstroke	1:20.81	1:21.80	313	18/11/12	Adwick Home Championships	Adwick	NE2796	4
200 Backstroke	3:01.67	3:03.50	280	29/06/13	Adwick ASC Home Championships 2013	Adwick	NE3551	4
200 Individual Medley	3:02.05	3:04.20	299	12/07/14	Adwick Home Championships Santa Sprint Ladder	Adwick	NE4762	4
100 Individual Medley	1:22.94	1:22.90	316	28/10/12	South Axholme Sharkes Halloween Meet	Beverley	NE2563	3