

# Individual Best Times (All Time)

Kazimir Uzwyszyn-Jones - (806967) - City of Cambridge SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
100 Backstroke	1:06.19	1:05.00	473	04/11/17	East Region Winter Championships	Norwich	ER170911	1
200 Backstroke	2:24.52	2:22.20	464	05/11/17	East Region Winter Championships	Norwich	ER170911	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.79	27.60	426	18/12/16	Hatfield Christmas Gala	Hatfield	ER162424	3
100 Freestyle	57.91	59.30	464	27/11/16	St Albans Open Meet	St Albans	ER161417	3
200 Freestyle	2:07.69	2:10.40	471	18/12/16	Hatfield Christmas Gala	Hatfield	ER162424	3
400 Freestyle	4:48.05	4:52.90	400	24/09/16	Team Luton September Short Course Meet	Luton	ER160086	2
50 Breaststroke	34.28	35.20	385	03/12/17	Open Winter Meet 2017	St Albans	ER171804	3
100 Breaststroke	1:50.96	1:52.10	123	26/05/12	City of St Albans Club Championships	Hatfield	ER2110	4
50 Butterfly	30.15	30.80	375	10/03/18	CoStA Spring Open Meet 2018	St Albans	ER180450	3
100 Butterfly	1:07.34	1:08.50	357	26/11/16	St Albans Open Meet	St Albans	ER161417	3
200 Butterfly	2:53.40	2:55.20	233	24/01/15	City of St Albans Club Championships	St Albans	ER150187	4
50 Backstroke	28.62	29.30	461	16/01/22	Swim England Hertfordshire County Championships	Borehamwood	ER220180	2
100 Backstroke	58.53	59.90	563	26/02/22	Oxford University SC The Varsity Swimming Match 22	Oxford	SE220166	3
200 Backstroke	2:14.26	2:16.70	486	20/11/21	BUCS Short Course Swimming	Sheffield	NE210935	2
200 Individual Medley	2:26.61	2:29.30	418	02/12/17	Open Winter Meet 2017	St Albans	ER171804	3
100 Individual Medley	1:08.26	1:08.30	376	18/12/16	Hatfield Christmas Gala	Hatfield	ER162424	3