

Individual Best Times (All Time)

Benjamin Smith - (806657) - Boldmere Swimming and Water Polo

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.74	30.10	314	07/03/15	Warwickshire County Championships and Age Group	Coventry	CC150055	1
100 Freestyle	1:05.82	1:04.50	360	21/03/15	Warwickshire County Championships and Age Group	Coventry	CC150057	1
200 Freestyle	2:24.58	2:22.20	351	14/03/15	Warwickshire County Championships and Age Group	Coventry	CC150056	1
400 Freestyle	5:13.89	5:09.40	344	21/03/15	Warwickshire County Championships and Age Group	Coventry	CC150057	1
50 Breaststroke	43.40	42.70	213	18/01/14	Rotherham Metro SC A & B Grade LC Meet	Sheffield	NE4046	3
100 Breaststroke	1:26.84	1:25.40	281	07/03/15	Warwickshire County Championships and Age Group	Coventry	CC150055	1
200 Breaststroke	3:20.30	3:17.60	245	18/01/14	Rotherham Metro SC A & B Grade LC Meet	Sheffield	NE4046	3
50 Butterfly	35.38	34.80	249	18/01/14	Rotherham Metro SC A & B Grade LC Meet	Sheffield	NE4046	3
100 Butterfly	1:20.41	1:19.50	232	19/01/14	Rotherham Metro SC A & B Grade LC Meet	Sheffield	NE4046	3
200 Butterfly	3:06.01	3:04.30	208	08/03/14	Warwickshire ASA County Championships	Coventry	CC4005	1
50 Backstroke	35.75	35.20	285	21/03/15	Warwickshire County Championships and Age Group	Coventry	CC150057	1
100 Backstroke	1:15.26	1:14.20	322	14/03/15	Warwickshire County Championships and Age Group	Coventry	CC150056	1
200 Backstroke	2:42.42	2:40.40	327	07/03/15	Warwickshire County Championships and Age Group	Coventry	CC150055	1
200 Individual Medley	2:43.83	2:41.40	336	21/03/15	Warwickshire County Championships and Age Group	Coventry	CC150057	1
400 Individual Medley	5:56.82	5:51.90	313	14/03/15	Warwickshire County Championships and Age Group	Coventry	CC150056	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.44	30.10	321	28/03/15	N&BSC Delia Reynolds "Speed Preparation"	Nuneaton	WM150115	3
100 Freestyle	1:06.02	1:07.30	313	05/07/15	Boldmere Water Carnival	Stechford	WM150921	3
200 Freestyle	2:20.44	2:22.90	354	28/03/15	N&BSC Delia Reynolds "Speed Preparation"	Nuneaton	WM150115	3
400 Freestyle	5:00.93	5:05.60	350	21/11/14	Boldmere Open Meet	Birmingham	WM14326	3
1500 Freestyle	19:38.90	19:56.30	370	23/01/15	Boldmere Distance Time Trials	Stechford	WM150516	4
50 Breaststroke	39.62	40.40	249	05/07/15	Boldmere Water Carnival	Stechford	WM150921	3
100 Breaststroke	1:26.55	1:28.00	260	27/09/14	Boldmere Club Championships	Birmingham	WM14325	4
200 Breaststroke	3:04.66	3:07.50	275	05/07/15	Boldmere Water Carnival	Stechford	WM150921	3
50 Butterfly	33.51	34.10	273	22/11/14	Boldmere Open Meet	Birmingham	WM14326	3
100 Butterfly	1:14.52	1:15.50	263	22/11/14	Boldmere Open Meet	Birmingham	WM14326	3
200 Butterfly	2:49.43	2:51.30	250	22/11/14	Boldmere Open Meet	Birmingham	WM14326	3
50 Backstroke	33.14	33.70	296	28/03/15	N&BSC Delia Reynolds "Speed Preparation"	Nuneaton	WM150115	3
100 Backstroke	1:13.39	1:14.50	285	23/11/14	Boldmere Open Meet	Birmingham	WM14326	3
200 Backstroke	2:41.64	2:43.70	279	22/11/14	Boldmere Open Meet	Birmingham	WM14326	3
200 Individual Medley	2:38.00	2:40.50	334	28/03/15	N&BSC Delia Reynolds "Speed Preparation"	Nuneaton	WM150115	3
400 Individual Medley	5:44.64	5:49.70	316	21/11/14	Boldmere Open Meet	Birmingham	WM14326	3
100 Individual Medley	1:14.31	1:14.30	291	27/09/14	Boldmere Club Championships	Birmingham	WM14325	4