

Individual Best Times (All Time)

Alexandra Moorey - (806245) - Trident Swimming Club of East De

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.55	30.90	419	08/04/17	City of Wells Open Meet	Millfield	SW170312	3
100 Freestyle	1:09.71	1:08.50	408	09/04/17	City of Wells Open Meet	Millfield	SW170312	3
200 Freestyle	2:30.77	2:28.40	419	09/04/17	City of Wells Open Meet	Millfield	SW170312	3
400 Freestyle	5:44.48	5:40.40	319	18/06/16	Torfaen Dolphins LC Open Meet 2016	Bristol	SW160625	3
800 Freestyle	12:34.25	12:26.50	265	04/11/15	West Dorset Low Level Invitational Club Champs	Millfield	SW152035	4
50 Breaststroke	49.11	48.50	209	11/04/15	City of Wells Open Meet	Millfield	SW150093	3
100 Breaststroke	1:48.62	1:47.40	205	24/10/15	Frome Autumn Open Meet	Millfield	SW150869	3
200 Breaststroke	3:57.43	3:55.20	194	25/10/15	Frome Autumn Open Meet	Millfield	SW150869	3
50 Backstroke	40.82	40.30	284	09/04/17	City of Wells Open Meet	Millfield	SW170312	3
200 Backstroke	3:25.25	3:23.60	215	24/10/15	Frome Autumn Open Meet	Millfield	SW150869	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.53	32.20	384	01/07/17	Dorset County ASA Development Comp 2017	Littledown	SW170481	3
100 Freestyle	1:10.31	1:11.50	365	19/02/17	Dorset County Champs & Age Groups	Bournemouth	SW170160	2
200 Freestyle	2:30.14	2:32.40	396	26/02/17	Dorset County Champs & Age Groups	Bournemouth	SW170161	2
400 Freestyle	5:22.99	5:27.30	367	02/07/17	Dorset County ASA Development Comp 2017	Littledown	SW170481	3
800 Freestyle	11:17.98	11:26.50	349	12/02/17	Dorset County Champs & Age Groups	Dorchester	SW170159	2
50 Breaststroke	45.67	46.40	239	05/11/17	Bridport Barracudas Club Championships	Bridport	SW171462	4
100 Breaststroke	1:43.93	1:45.10	216	11/12/16	Bridport Barracudas Club Championships 2016	Bridport	SW161424	4
200 Breaststroke	3:52.64	3:54.90	193	05/07/14	2014 Dorset Development Competition	Littledown	SW4094	3
50 Butterfly	40.31	40.80	221	17/11/17	Bridport Barracudas Club Championships	Bridport	SW171463	4
50 Backstroke	40.06	40.60	250	15/10/17	Bridport Barracudas Club Championships	Bridport	SW171461	4
100 Backstroke	1:28.56	1:29.50	238	05/11/17	Bridport Barracudas Club Championships	Bridport	SW171462	4
200 Backstroke	3:22.93	3:24.60	201	11/12/16	Bridport Barracudas Club Championships 2016	Bridport	SW161424	4
200 Individual Medley	3:45.92	3:47.70	156	07/07/13	Dorset Development Meet	Bournemouth	SW3151	3
100 Individual Medley	1:24.13	1:24.10	303	06/10/17	Bridport Barracudas Club Championships	Bridport	SW171460	4