

# Individual Best Times (All Time)

Jack Duff - (806130) - Corby ASC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.10	29.40	335	31/10/15	Corby 50th Anniversary Long Course Open Meet	Corby	EM150873	3
100 Freestyle	1:03.61	1:02.30	399	31/10/15	Corby 50th Anniversary Long Course Open Meet	Corby	EM150873	3
200 Freestyle	2:20.36	2:17.90	383	11/07/15	Northampton Summer Festival Open Meet	Corby	EM150964	3
400 Freestyle	5:02.30	4:57.60	385	08/02/15	Northamptonshire ASA 2015 County Championships	Corby	CC150458	1
1500 Freestyle	21:04.69	20:48.20	326	01/03/15	Northamptonshire ASA 2015 County Championships	Corby	CC150460	1
50 Breaststroke	51.16	50.50	130	01/09/12	Worksop Dolphins SC Dukeries Open Meet	Sheffield	EM2255	3
100 Breaststroke	1:52.92	1:51.80	127	01/09/12	Worksop Dolphins SC Dukeries Open Meet	Sheffield	EM2255	3
50 Butterfly	34.06	33.50	279	31/10/15	Corby 50th Anniversary Long Course Open Meet	Corby	EM150873	3
100 Butterfly	1:27.37	1:26.50	181	12/07/14	Northampton Summer Festival Open Meet	Corby	EM4053	3
50 Backstroke	35.81	35.20	284	31/10/15	Corby 50th Anniversary Long Course Open Meet	Corby	EM150873	3
100 Backstroke	1:27.57	1:26.60	204	12/07/14	Northampton Summer Festival Open Meet	Corby	EM4053	3
200 Backstroke	3:00.99	2:59.10	236	17/01/15	City of Coventry January Open Meet 2015	Coventry	WM150096	3
200 Individual Medley	3:25.79	3:23.90	169	14/07/12	Northampton SC Summer Festival Meet 2012	Corby	EM2254	4
400 Individual Medley	6:31.82	6:27.30	237	17/01/15	City of Coventry January Open Meet 2015	Coventry	WM150096	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.54	29.30	352	21/06/15	22nd Annual Open Meet	Sheffield	EM150628	3
100 Freestyle	1:01.87	1:03.20	380	21/06/15	22nd Annual Open Meet	Sheffield	EM150628	3
200 Freestyle	2:16.28	2:18.80	387	21/06/15	22nd Annual Open Meet	Sheffield	EM150628	3
400 Freestyle	5:05.85	5:10.40	334	19/12/14	City of Peterborough County Qualifier Open Meet	Peterborough	ER14344	3
1500 Freestyle	20:39.16	20:55.70	319	21/12/14	City of Peterborough County Qualifier Open Meet	Peterborough	ER14344	3
50 Butterfly	34.68	35.20	246	21/09/14	Northampton ASA 2014 Short Course Competition	Corby	EM14096	3
100 Butterfly	1:23.77	1:24.70	185	15/11/14	City of MK Annual 502400's Meet	Milton Keynes	SE4279	3
50 Backstroke	40.60	41.10	161	29/09/13	2013 NASA Short Course Competition	Corby	EM3839	3
100 Backstroke	1:19.70	1:20.70	222	15/11/14	City of MK Annual 502400's Meet	Milton Keynes	SE4279	3
100 Individual Medley	1:17.10	1:17.10	261	21/09/14	Northampton ASA 2014 Short Course Competition	Corby	EM14096	3