

Individual Best Times (All Time)

Rebecca Kitching - (804184) - Chelmsford City SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.52	29.80	462	06/02/16	Essex Age Group Championships 2016	London	ER160003	1
100 Freestyle	1:05.08	1:03.80	501	23/05/15	ASA East Region Summer Championships	Norwich	ER150673	1
200 Freestyle	2:18.06	2:15.50	546	19/04/15	Crawley Spring LC Open Meet 2015	Crawley	SE150218	1
400 Freestyle	4:46.65	4:41.70	553	08/06/14	BGASA East Region Championships 2014	Norwich	ERX412	1
800 Freestyle	9:58.41	9:48.70	531	07/06/14	BGASA East Region Championships 2014	Norwich	ERX412	1
50 Breaststroke	44.28	43.60	285	06/02/16	Essex Age Group Championships 2016	London	ER160003	1
100 Breaststroke	1:34.32	1:33.00	314	09/06/13	BGASA East Region Age Group Champs	Norwich	ERX313	1
200 Breaststroke	3:15.50	3:12.80	348	08/06/13	BGASA East Region Age Group Champs	Norwich	ERX313	1
50 Butterfly	34.41	33.90	357	06/02/16	Essex Age Group Championships 2016	London	ER160003	1
50 Backstroke	33.66	33.10	508	06/02/16	Essex Age Group Championships 2016	London	ER160003	1
100 Backstroke	1:14.17	1:13.10	461	27/03/16	Basildon & Phoenix Easter LC Meet 2016	Basildon	ER160006	1
200 Backstroke	2:40.31	2:38.20	453	21/02/16	Essex Age Group Championships 2016	Basildon	ER160005	1
200 Individual Medley	2:39.39	2:36.90	495	07/06/14	BGASA East Region Championships 2014	Norwich	ERX412	1
400 Individual Medley	5:44.87	5:39.70	458	14/06/14	BG ASA East Region BAGCAT Championships 2014	Norwich	ERX413	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.27	31.00	434	16/02/14	Essex County Age Groups Championships	Basildon	CC4039	2
100 Freestyle	1:03.38	1:04.70	498	30/11/14	Essex Senior Junior Championships	Basildon	ER4970	2
200 Freestyle	2:13.37	2:15.90	565	30/03/14	Essex County Age Groups Championships	Basildon	CC4042	2
400 Freestyle	4:40.64	4:45.60	559	30/11/14	Essex Senior Junior Championships	Basildon	ER4970	2
800 Freestyle	9:48.42	9:58.20	534	26/11/14	Chelmsford Club Championships	Chelmsford	ER4652	4
50 Breaststroke	41.30	42.10	324	16/02/14	Essex County Age Groups Championships	Basildon	CC4039	2
100 Breaststroke	1:25.42	1:26.90	389	16/03/14	Essex County Championships	Basildon	CC4040	2
200 Breaststroke	3:01.47	3:04.40	407	10/05/14	Braintree & Bocking Spring Festival	Braintree	ER4398	3
50 Butterfly	33.09	33.70	399	30/03/14	Essex County Age Groups Championships	Basildon	CC4042	2
100 Butterfly	1:13.05	1:14.10	405	15/02/14	Essex County Age Groups Championships	Basildon	CC4039	2
200 Butterfly	2:53.23	2:55.00	329	15/10/14	Chelmsford Club Championships	Chelmsford	ER4647	4
50 Backstroke	33.28	33.90	436	14/02/15	Essex County Age Group Championships 2015	Basildon	CC150045	2
100 Backstroke	1:11.28	1:12.40	456	01/02/15	Essex County Age Group Championships 2015	Southend	CC150044	2
200 Backstroke	2:32.32	2:34.50	476	28/02/15	Enfield Swim Squad Regional Qualifier	Enfield	LR150407	3
200 Individual Medley	2:34.91	2:37.40	486	16/02/14	Essex County Age Groups Championships	Basildon	CC4039	2
400 Individual Medley	5:26.18	5:31.50	500	15/03/14	Essex County Championships	Basildon	CC4040	2
100 Individual Medley	1:12.31	1:12.30	477	15/02/15	Essex County Age Group Championships 2015	Basildon	CC150045	2