

Individual Best Times (All Time)

Lydia Clarke - (804054) - Stratford Sharks SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.08	31.40	398	27/02/16	Warwickshire ASA Championships	Coventry	WM160090	1
100 Freestyle	1:09.79	1:08.60	406	20/02/16	Warwickshire ASA Championships	Coventry	WM160089	1
200 Freestyle	2:36.85	2:34.60	372	01/03/14	Warwickshire ASA County Championships	Coventry	CC4004	1
50 Butterfly	33.90	33.30	374	05/03/16	Warwickshire ASA Championships	Coventry	WM160091	1
100 Butterfly	1:17.64	1:16.70	364	27/02/16	Warwickshire ASA Championships	Coventry	WM160090	1
50 Backstroke	41.37	40.90	273	01/03/14	Warwickshire ASA County Championships	Coventry	CC4004	1
200 Individual Medley	3:03.20	3:01.00	326	08/03/14	Warwickshire ASA County Championships	Coventry	CC4005	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.90	31.60	408	25/09/16	Gloucester City Sprint Level 3	Gloucester	SW160134	3
100 Freestyle	1:06.95	1:08.20	422	04/10/15	Coventry & District ASC Secondary Galas	Nuneaton	WM151640	3
200 Freestyle	2:26.73	2:29.10	424	17/05/15	Coventry & District ASC Secondary Galas	Nuneaton	WM150670	3
400 Freestyle	5:37.04	5:41.20	323	23/11/13	Stratford Sharks ASC Club Championships	Stratford	WM3789	4
50 Breaststroke	45.18	45.90	247	14/12/14	City of Newport Christmas Cracker Open	Newport	WAL614	4
50 Butterfly	33.63	34.20	380	25/09/16	Gloucester City Sprint Level 3	Gloucester	SW160134	3
100 Butterfly	1:16.53	1:17.50	352	06/12/15	Stratford Sharks Club Championships	Stratford	WM152276	4
200 Butterfly	3:19.88	3:21.50	214	02/11/13	Chase SC Roebuck Open Meet	Wolverhampton	WM3293	2
50 Backstroke	39.42	39.90	262	20/12/14	Stratford Sharks Club Sprint Night	Leamington Spa	WM14657	4
100 Backstroke	1:32.46	1:33.30	209	03/11/12	Stratford Sharks SC Club Championships	Stratford	WM2655	4
200 Individual Medley	2:51.51	2:53.80	358	03/10/15	Coventry & District ASC Secondary Galas	Nuneaton	WM151640	3
100 Individual Medley	1:17.99	1:18.00	380	20/09/15	Gloucester City SC Sprint Meet	Gloucester	SW150657	3