

Individual Best Times (All Time)

Lynn Hardman - (801646) - Upper Deeside ASC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.45	30.80	423	03/05/14	Westhill Dolphin Drilling Invitational Meet 2014	Aberdeen	SCO836	2
100 Freestyle	1:08.14	1:06.90	437	03/05/14	Westhill Dolphin Drilling Invitational Meet 2014	Aberdeen	SCO836	2
200 Freestyle	2:33.85	2:31.60	394	03/11/13	City of Sunderland Firecracker 2013	Sunderland	NE3924	3
400 Freestyle	5:31.41	5:27.10	358	03/05/14	Westhill Dolphin Drilling Invitational Meet 2014	Aberdeen	SCO836	2
800 Freestyle	11:10.80	11:02.10	377	01/11/13	City of Sunderland Firecracker 2013	Sunderland	NE3924	3
50 Breaststroke	47.80	47.10	227	04/05/14	Westhill Dolphin Drilling Invitational Meet 2014	Aberdeen	SCO836	2
100 Breaststroke	1:44.93	1:43.70	228	02/11/13	City of Sunderland Firecracker 2013	Sunderland	NE3924	3
200 Breaststroke	3:37.20	3:34.70	253	02/11/13	City of Sunderland Firecracker 2013	Sunderland	NE3924	3
50 Butterfly	38.16	37.70	262	03/05/14	Westhill Dolphin Drilling Invitational Meet 2014	Aberdeen	SCO836	2
100 Butterfly	1:35.80	1:35.00	194	04/05/14	Westhill Dolphin Drilling Invitational Meet 2014	Aberdeen	SCO836	2
50 Backstroke	39.19	38.70	321	03/11/13	City of Sunderland Firecracker 2013	Sunderland	NE3924	3
100 Backstroke	1:21.91	1:20.90	342	03/05/14	Westhill Dolphin Drilling Invitational Meet 2014	Aberdeen	SCO836	2
200 Backstroke	3:07.29	3:05.50	284	03/11/13	City of Sunderland Firecracker 2013	Sunderland	NE3924	3
200 Individual Medley	3:05.18	3:03.00	315	02/11/13	City of Sunderland Firecracker 2013	Sunderland	NE3924	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.75	31.40	414	23/11/13	Upper Deeside Challenge 2013	Deeside	SCO783	2
100 Freestyle	1:05.80	1:07.10	445	08/02/14	Peterhead ASC Graded Meet	Peterhead	SCO806	2
200 Freestyle	2:24.30	2:26.70	446	10/05/15	Westhill Invitational Meet	Westhill	SCO979	2
400 Freestyle	5:18.50	5:22.90	382	18/05/14	Swim West Lothian IM Tough Meet 2014	Bathgate	SCO842	2
800 Freestyle	11:13.39	11:21.90	356	16/05/14	Swim West Lothian IM Tough Meet 2014	Bathgate	SCO842	2
50 Breaststroke	43.10	43.80	285	10/05/15	Westhill Invitational Meet	Westhill	SCO979	2
100 Breaststroke	1:32.49	1:33.80	306	07/02/15	PASC Graded Age Group Meet 2015	Peterhead	SCO935	2
200 Breaststroke	3:33.39	3:35.90	250	28/04/13	Alford Otters ASC 1st 200 Meet	Fraserburgh	SCO717	2
50 Butterfly	36.65	37.20	294	09/05/15	Westhill Invitational Meet	Westhill	SCO979	2
100 Butterfly	1:21.28	1:22.20	294	07/02/15	PASC Graded Age Group Meet 2015	Peterhead	SCO935	2
200 Butterfly	3:04.62	3:06.30	271	07/02/15	PASC Graded Age Group Meet 2015	Peterhead	SCO935	2
50 Backstroke	36.63	37.20	327	22/11/14	Upper Deeside Challenge	Aboyne	SCO909	2
100 Backstroke	1:17.36	1:18.40	357	07/02/15	PASC Graded Age Group Meet 2015	Peterhead	SCO935	2
200 Backstroke	2:47.60	2:49.60	357	07/02/15	PASC Graded Age Group Meet 2015	Peterhead	SCO935	2
200 Individual Medley	2:55.19	2:57.40	336	10/05/15	Westhill Invitational Meet	Westhill	SCO979	2
400 Individual Medley	6:42.70	6:47.10	265	16/06/13	South Aberdeenshire 1st Annual Champs	Westhill	SCO743	2
100 Individual Medley	1:24.16	1:24.20	302	23/03/13	Dyce Hunting Trophy Meet 2013	Westhill	SCO708	2