

# Individual Best Times (All Time)

Anna Howley - (801626) - Maidenhead ASC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	44.04	43.60	154	05/07/14	Rushmoor Royals SC Summer Open Meet	Aldershot	SE4694	3
100 Freestyle	1:09.45	1:08.20	412	14/01/18	Berks & Sth Bucks County Championships	Wycombe	SE180129	1
400 Freestyle	5:22.17	5:17.80	389	27/01/18	Berks & Sth Bucks County Championships	Wycombe	SE180130	1
50 Breaststroke	45.27	44.60	267	19/11/17	Team Bath AS Autumn Level 1 & Level 3 Open Meet	Hengrove	SW171275	3
100 Breaststroke	2:00.81	1:59.80	149	05/07/14	Rushmoor Royals SC Summer Open Meet	Aldershot	SE4694	3
200 Breaststroke	4:19.74	4:17.70	148	30/06/13	Rushmoor Royals Summer Festival	Aldershot	SE3397	3
50 Butterfly	34.04	33.50	369	27/01/18	Berks & Sth Bucks County Championships	Wycombe	SE180130	1
50 Backstroke	47.85	47.40	176	05/07/14	Rushmoor Royals SC Summer Open Meet	Aldershot	SE4694	3
100 Backstroke	1:19.38	1:18.40	376	27/01/18	Berks & Sth Bucks County Championships	Wycombe	SE180130	1
200 Backstroke	2:52.65	2:50.70	362	19/11/17	Team Bath AS Autumn Level 1 & Level 3 Open Meet	Hengrove	SW171275	3
200 Individual Medley	2:46.61	2:44.20	433	28/01/18	Berks & Sth Bucks County Championships	Wycombe	SE180130	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.57	32.20	383	15/10/17	Berkshire & Bucks Development Meet	Bracknell	SE171585	3
100 Freestyle	1:08.69	1:09.90	391	02/12/17	Windsor L3 County Chaser Meet	Maidenhead	SE171777	3
200 Freestyle	2:26.17	2:28.50	429	25/03/18	Black Swan Regional Qualifier Meet 2018	Elmbridge	SE180463	3
400 Freestyle	5:13.95	5:18.40	399	02/12/17	Windsor L3 County Chaser Meet	Maidenhead	SE171777	3
50 Breaststroke	41.74	42.50	313	01/12/18	Windsor SC Level 3 December Open Meet	Maidenhead	SE182731	3
100 Breaststroke	1:30.71	1:32.10	324	17/11/18	Maidenhead Marlins Level 4 Series meet	MAIDENHEAD	SE181141	4
200 Breaststroke	3:18.58	3:21.20	311	28/04/18	Maidenhead Marlins Level 4 Series meet	MAIDENHEAD	SE181139	4
50 Butterfly	34.22	34.80	361	25/03/18	Black Swan Regional Qualifier Meet 2018	Elmbridge	SE180463	3
100 Butterfly	1:15.51	1:16.50	366	25/03/18	Black Swan Regional Qualifier Meet 2018	Elmbridge	SE180463	3
50 Backstroke	36.05	36.60	343	17/12/17	Tilehurst No Frills - Last Chance County Qualified	Reading	SE172506	3
100 Backstroke	1:16.99	1:18.00	362	17/12/17	Tilehurst No Frills - Last Chance County Qualified	Reading	SE172506	3
200 Backstroke	2:43.20	2:45.20	387	03/12/17	Windsor L3 County Chaser Meet	Maidenhead	SE171777	3
200 Individual Medley	2:44.78	2:47.20	404	02/12/18	Windsor SC Level 3 December Open Meet	Maidenhead	SE182731	3
400 Individual Medley	5:48.56	5:53.60	409	05/05/18	Maidenhead Marlins Level 4 Series meet	MAIDENHEAD	SE181140	4
100 Individual Medley	1:18.41	1:18.40	374	15/06/19	Maidenhead Marlins Level 4 Series	Maidenhead	SE191870	4