

Individual Best Times (All Time)

Adam Young - (800657) - Dundee City Aquatics SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	26.07	25.30	515	02/02/19	Midland Age Group Championships	Dundee	SCO1589	1
100 Freestyle	57.19	55.70	550	04/05/19	SASA Midland District Distance Championships	Olympia LC	SCO1653	1
200 Freestyle	2:07.50	2:04.80	512	26/05/18	2018 Glasgow International Swim Meet	Glasgow	SCO1471	1
400 Freestyle	4:34.09	4:28.90	517	13/01/18	City of Sunderland New Year Meet 2018	Sunderland	NE180380	1
800 Freestyle	9:16.15	9:05.70	537	05/05/18	SASA Midland District Distance Championships	Olympia LC	SCO1459	1
1500 Freestyle	17:43.37	17:23.80	549	06/05/18	SASA Midland District Distance Championships	Olympia LC	SCO1459	1
50 Breaststroke	34.99	34.10	407	04/02/18	Midland Age Group Championships	Dundee	SCO1408	1
100 Breaststroke	1:19.04	1:17.40	372	02/02/19	Midland Age Group Championships	Dundee	SCO1589	1
50 Butterfly	27.75	27.10	516	03/02/19	Midland Age Group Championships	Dundee	SCO1589	1
100 Butterfly	1:02.35	1:01.10	498	30/03/19	Scottish National Age Group Championships	Tollcross	SCO1637	1
200 Butterfly	2:23.75	2:21.50	452	29/03/18	Scottish National Age Group Championships	Tollcross	SCO1441	1
50 Backstroke	29.34	28.60	517	02/02/19	Midland Age Group Championships	Dundee	SCO1589	1
100 Backstroke	1:02.03	1:00.70	575	05/05/19	SASA Midland District Distance Championships	Olympia LC	SCO1653	1
200 Backstroke	2:15.89	2:13.40	558	05/05/19	SASA Midland District Distance Championships	Olympia LC	SCO1653	1
200 Individual Medley	2:21.16	2:18.30	526	31/03/19	Scottish National Age Group Championships	Tollcross	SCO1637	1
400 Individual Medley	5:08.11	5:02.40	487	13/01/18	City of Sunderland New Year Meet 2018	Sunderland	NE180380	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.07	25.90	520	16/12/18	DCA Club Championships 2018	Olympia	SCO1617	2
100 Freestyle	55.02	56.50	541	16/12/18	DCA Club Championships 2018	Olympia	SCO1617	2
200 Freestyle	2:02.67	2:05.50	531	29/10/17	DCA Autumn Open Meet	Dundee	SCO1353	2
400 Freestyle	4:25.17	4:30.40	512	28/10/17	DCA Autumn Open Meet	Dundee	SCO1353	2
800 Freestyle	9:57.69	10:07.30	408	14/05/16	InCAS Distance Meet	Dunfermline	SCO1126	2
1500 Freestyle	17:35.63	17:55.00	516	25/02/18	SASA Midland District February Time Trial	Dundee	SCO1422	2
50 Breaststroke	33.63	34.60	408	02/09/18	Midland District Sprint Championships	Olympia LC	SCO1505	1
100 Breaststroke	1:14.69	1:16.40	405	05/11/17	North District Open Championships 2017	Inverness	SCO1360	1
200 Breaststroke	2:47.95	2:51.10	366	18/02/18	Carnegie Open Spring Age Group Meet 2018	Dunfermline	SCO1420	2
50 Butterfly	27.34	28.00	503	14/11/20	Tighinn Comhla	Various - Round 1	LXX005	0
100 Butterfly	1:01.61	1:02.80	466	17/02/19	Carnegie Open Spring Meet 2019	Michael Woods Centre	SCO1606	2
200 Butterfly	2:31.72	2:33.80	349	30/10/16	DCA Autumn Meet	Dundee	SCO1187	2
50 Backstroke	28.55	29.20	464	17/02/19	Carnegie Open Spring Meet 2019	Michael Woods Centre	SCO1606	2
100 Backstroke	1:01.38	1:02.70	488	16/02/19	Carnegie Open Spring Meet 2019	Michael Woods Centre	SCO1606	2
200 Backstroke	2:15.84	2:18.30	470	16/02/19	Carnegie Open Spring Meet 2019	Michael Woods Centre	SCO1606	2
200 Individual Medley	2:21.51	2:24.30	464	05/11/17	North District Open Championships 2017	Inverness	SCO1360	1
400 Individual Medley	4:52.29	4:58.20	518	16/12/18	DCA Club Championships 2018	Olympia	SCO1575	2
100 Individual Medley	1:04.21	1:04.20	452	02/09/18	Midland District Sprint Championships	Olympia LC	SCO1505	1