

Individual Best Times (All Time)

Danielle De Kock - (800283) - Beau Sejour Barracuda SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.29	32.90	358	29/06/14	Beau Sejour Barracudas The Specsavers Open Meet	Guernsey	SE4216	3
100 Freestyle	1:10.86	1:12.00	356	28/06/14	Beau Sejour Barracudas The Specsavers Open Meet	Guernsey	SE4216	3
200 Freestyle	2:40.46	2:42.60	324	25/03/15	Beau Sejour Barracudas Specsavers Series	Guernsey	SE150414	4
400 Freestyle	7:21.51	7:24.70	143	17/10/11	Barracudas Specsavers 2011	Guernsey	SE1498	4
50 Breaststroke	43.86	44.60	270	07/02/15	Guernsey ASA 50m Sprint Gala	Guernsey	SE150455	4
100 Breaststroke	1:40.89	1:42.10	236	28/06/14	Beau Sejour Barracudas The Specsavers Open Meet	Guernsey	SE4216	3
200 Breaststroke	3:37.79	3:40.20	235	07/10/14	Beau Sejour Barracudas Specsavers Series	Guernsey	SE4200	4
50 Butterfly	40.02	40.50	226	07/02/15	Guernsey ASA 50m Sprint Gala	Guernsey	SE150455	4
100 Butterfly	1:43.10	1:43.80	144	04/06/14	Beau Sejour Barracudas Specsavers Series	Guernsey	SE4200	4
50 Backstroke	41.62	42.10	223	07/02/15	Guernsey ASA 50m Sprint Gala	Guernsey	SE150455	4
100 Backstroke	1:29.64	1:30.50	229	28/06/14	Beau Sejour Barracudas The Specsavers Open Meet	Guernsey	SE4216	3
200 Backstroke	3:32.69	3:34.30	174	12/09/12	Barracudas Specsavers Series	Guernsey	SE2151	4
200 Individual Medley	3:08.34	3:10.40	270	22/10/14	Beau Sejour Barracudas Specsavers Series	Guernsey	SE4200	4
100 Individual Medley	1:27.63	1:27.60	268	14/06/14	Jersey 14th Summer Graded Sprint Meet	Jersey	SE4332	3