

Individual Best Times (All Time)

Sophie Wayman - (799421) - Arun Tridents SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Butterfly	39.67	39.20	233	14/03/15	Sussex County Championships	Crawley	CC150379	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	34.63	35.20	290	08/02/15	Atlantis Horsham Regional National Chaser	Horsham	SE150194	2
100 Freestyle	1:18.03	1:19.10	267	27/09/15	Littlehampton SC County Qualifier 2015	Bognor Regis	SE150733	3
200 Freestyle	3:00.15	3:02.10	229	04/01/15	Littlehampton Splash 2015	Bognor Regis	SE150148	3
50 Breaststroke	49.65	50.30	186	27/09/15	Littlehampton SC County Qualifier 2015	Bognor Regis	SE150733	3
50 Butterfly	39.33	39.80	238	18/07/15	Littlehampton Club Championships 2015	Bognor Regis	SE151316	4
100 Butterfly	1:39.33	1:40.10	161	12/04/15	Littlehampton Last Chance Regional Qualifier	Bognor Regis	SE150322	3
50 Backstroke	41.47	42.00	225	01/12/14	Littlehampton Club Championships 2014	Bognor Regis	SE14478	4
100 Backstroke	1:34.69	1:35.50	194	06/04/14	Littlehampton Last Chance Regional Qualifier 2014	Felpham	SE4369	3
200 Backstroke	3:39.98	3:41.50	158	21/04/13	Littlehampton Last Chance R Qualifier	Feltham	SE3195	3
200 Individual Medley	3:17.88	3:19.90	233	27/09/15	Littlehampton SC County Qualifier 2015	Bognor Regis	SE150733	3
100 Individual Medley	1:35.29	1:35.30	208	03/05/14	Atlantis SC Horsham 2014 Spring Open Meet	Horsham	SE4038	3