

Individual Best Times (All Time)

Rhiannon Brame - (799037) - Basildon and Phoenix SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	33.29	32.70	356	04/02/17	Essex Age Group Championships	London	ER170023	1
100 Freestyle	1:15.33	1:14.20	323	31/03/18	BPSC Easter Meet 2018	Basildon	ER180211	1
200 Freestyle	2:49.50	2:47.40	295	31/03/18	BPSC Easter Meet 2018	Basildon	ER180211	1
50 Breaststroke	58.50	58.00	123	19/07/15	Basildon & Phoenix LC End of Season Meet	Basildon	ER150046	3
100 Breaststroke	2:14.90	2:14.00	107	20/07/14	Basildon & Phoenix End of Season Meet	Basildon	ER4489	3
50 Backstroke	41.65	41.20	268	31/03/18	BPSC Easter Meet 2018	Basildon	ER180211	1
100 Backstroke	1:40.84	1:40.00	183	19/07/15	Basildon & Phoenix LC End of Season Meet	Basildon	ER150046	3
200 Backstroke	3:21.15	3:19.50	229	26/03/16	Basildon & Phoenix Easter LC Meet 2016	Basildon	ER160006	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	33.58	34.20	318	16/12/17	BPSC Last Chance County Qualifier	Basildon	ER172322	3
100 Freestyle	1:12.15	1:13.30	337	17/12/16	BPSC Last Chance County Qualifier 2016	Basildon	ER160487	3
200 Freestyle	2:43.46	2:45.60	307	06/07/18	BPSC Club Champs 2018	Basildon	ER181176	4
400 Freestyle	5:51.55	5:55.50	284	26/11/16	Basildon & Phoenix Club Championships	Basildon	ER161269	4
50 Breaststroke	48.33	49.00	202	25/11/16	Basildon & Phoenix Club Championships	Basildon	ER161269	4
100 Breaststroke	1:58.67	1:59.70	145	26/09/15	Basildon & Phoenix Season Opener Meet	Basildon	ER150236	2
50 Butterfly	43.87	44.30	171	25/11/16	Basildon & Phoenix Club Championships	Basildon	ER161269	4
50 Backstroke	38.49	39.00	282	17/12/17	BPSC Last Chance County Qualifier	Basildon	ER172322	3
100 Backstroke	1:25.20	1:26.10	267	17/12/17	BPSC Last Chance County Qualifier	Basildon	ER172322	3
200 Backstroke	2:59.83	3:01.70	289	27/11/17	BPSC Winter Club Champs 2017	Basildon	ER172323	4
100 Individual Medley	1:30.79	1:30.80	241	17/12/16	BPSC Last Chance County Qualifier 2016	Basildon	ER160487	3